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TOURIST GUIDE

2026/2027



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I ZIEMIA SŁUPSKA
Lokalna Organizacja Turystyczna



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Ustka and beyond...

Dear Visitors, As every year, we are delighted to present this Tourist Guide – your friendly companion to discovering the many attractions of Ustka and the Słupsk Region. Whether you're a fan of active holidays or simply looking to relax and unwind, you'll find something special here just for you. Year after year, the range of accommodation in and around Ustka continues to grow. The town's wide, clean beaches are a magnet for sunseekers, and in 2025, Ustka's Eastern Beach was once again awarded the Blue Flag – a mark of excellence for the cleanest bathing sites and marinas. As a spa town, Ustka also offers a wide selection of health and wellness treatments. Meanwhile, the seaside promenade, fishing port, charming half-timbered houses, the cozy small-town atmosphere, and surrounding coastal forests all provide a beautiful backdrop for your holiday or weekend break. Thanks to the unique coastal microclimate, the area can be enjoyed all year round – whether you're walking, cycling, kayaking, or cruising by boat, nature here is always within reach. Among the region's highlights are the moving sand dunes in the Słowiński National Park, the beech forest reserve on the Słupia River, the viewing tower on Rowokół Hill, the scenic Słupia Valley, and the traditional timber-frame villages of Swółowo, Kluki, Krzemienica, Starkowo, and the popular Charlotta Valley. From long beach walks and scenic hiking trails to cycling adventures, kayak trips, and sea cruises – unforgettable moments await.

We warmly invite you to explore Ustka and the Słupsk Region in every season of the year!

Dear Tourists and Residents of Ustka,

Please be kindly informed that the Local Tourist Organisation "Ustka and Słupsk Region" is not responsible for any changes in price lists, dates, opening hours and other information on the objects described in this guide. The information mentioned in this publication was consulted with entrepreneurs and owners of the objects in May 2026. We apologise for any inconsistencies with the facts and any inconvenience resulting from them.

Visit us in the Tourist Information Center: Opening hours in 2026:

01.01 - 15.06 Monday-Saturday 9AM-4PM

16.06 - 31.08 Monday-Sunday 8AM-7PM

01.09 - 31.12 Monday-Saturday 9AM-4PM

The tourist information centre in Ustka is operated by the Local Tourist Organisation "Ustka and the Słupsk Region". fb: www.facebook.com/LOT.Ustka

Publisher:

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Circulation:

35 000 – Polish version 5 000 – English version
10 000 – German version 3000 – Czech version

FISH HARVEST FESTIVAL USTKA HOLIDAY

14-15 August 2026



Programme:

**Fish Parade, exhibition of the old fishing harbour, culinary shows,
handicraft fair, shanty concerts and performances by
BIG BIKE ORCHESTRA, KUBA i KUBA**



www.visit.ustka.pl

Walk 1

Old Fisherman's Settlement

Route length: approx. 2 km
Walking time: about 1 hour

The oldest part of Ustka is today's Marynarki Polskiej and Czerwonych Kosynierów streets, forming an oval; this was the shape of the original medieval fishing settlement located among the dunes. Its converging points are, at the southern end - today's Alina Skibniewskaya Square, and at the northern end - John Paul II Park, commonly called Captain's Alley. In the process of restoring the historical value of the Old Fisherman's Settlement, historic houses were revitalized. Information boards have been placed at the most important of them. Many of the buildings of Old Ustka are former fishermen's huts of half-timbered construction. Structures of this type are found in many Pomeranian towns, which is why the area of Central Pomerania is often referred to as checkered land. The structure of the buildings consisted of wooden, tarred beams, forming a „checkered” frame,

and the spaces between them were usually filled with straw and clay and whitewashed with lime. In the second half of the 19th century, Ustka began to grow to the south, where the railroad was brought in, and to the east, where new streets of the villa district were gradually built.

We begin our walk on Marynarki Polskiej Street, where the Tourist Information Center is located at number 71. Here every tourist will receive a plan of Ustka and an up-to-date Tourist Guide. There are also many maps and guides, regional souvenirs, as well as bicycle rental and luggage storage.

The adjacent building is decorated with a colourful mural. The Here and Now (PL:Tu i Teraz) café catches the eye with its imitation of a chessboard beam on the front and large genre scenes on the gable walls. The designer and contractor is artist Jacek Frąckiewicz.

At the intersection of today's Marynarki Polskiej and Czerwonych Kosynierów Streets is the Alina Skibniewskaya Square. The stone obelisk bears Ustka's coat of arms. The coat of arms design was created in 1922 by Wilhelm Granzow, a local painter from Duninowo. The author intended to emphasize the three qualities of the town: the seaport, the bathing area and the tradition of fishing, which he depicted through the symbols visible in the coat of arms, and these are: a sailing ship, sea waves and a mermaid holding a salmon.

In a small street opposite the Tourist Information building is the Ustka Land Museum, which was opened in 2000 thanks to the efforts of the Society of Friends of Ustka. It collects regional memorabilia related to the town's history and the region. On display are exhibits and photographs from the 19th and early 20th centuries and



Słowiński Fishing Trail – locations of plaques featuring fish illustrations.



Bread Museum

post-war documents. The Museum's collections include antique sewing machines, typewriters, photographic equipment and bathing suits from the early 20th century. The building also houses a highly successful group of model vessels produced by the Ustka shipyard.

Heading north along Marynarki Polskiej Street, we leave the square on the right. While walking, it is worth looking carefully at the pavement and finding 16 bronze plaques with images of fish found in the Baltic Sea. The first of these is just at the beginning of our route.

The building on the left, at number 50, houses the Amber Museum. Opened in 2020, the facility contains a rich collection of exhibits. Baltic amber, a fossil resin from 40 million years ago, has been found on the Baltic coast for centuries. The gold of the north, as amber is called, has always been a valued decorative material used to make jewellery, figurines and amulets. In today's Ustka, ornaments from past eras were found, testifying to the popularity of amber in the area. In 1887, a presumed bear hunter's amulet was found near Slupsk, which scientists estimate to have been made around 1700 BC. The original figurine is in the National Museum in Szczecin, while we can see a copy in Slupsk's Town Hall. In our Museum, not only can you see a rich collection of various nuggets, insect inclusions and amber products such as snuff boxes, caskets and beads, but you can also design and polish your own amber. Noteworthy exhibits include a lighthouse of Ustka, a Gdansk crane, an aeroplane or a sailing ship, all made of amber tiles. One can admire huge lumps of amber, some weighing almost 2 kilograms. The Museum runs its own store, where amber jewellery and cosmetics can be purchased.

Marynarki Polskiej Street in this part of the city is mainly built up on both sides with small townhouses. The „checkered” houses are in the minority here. One of them, which we pass on the right, is the oldest restaurant in Ustka, 150 years old, the restaurant Pod Strzechą. Before the war, a small brewery also functioned beside the then-thatched inn. Outbuildings are visible behind the main building.

Walking further, the yellow building on the right just after the intersection with Kaszubska Street is worth noting. Here we can see a colourful mural promoting Swołowo, or the so-called checkered land. The checkered houses are depicted in the form of blocks set by a giant hand on a model.

From checkered cottages to the aroma of freshly baked bread – this is where Ustka's history blends with murals and seaside stories.

Entering the small courtyard in front of the Bread Museum, in turn, one can see a monochromatic mural depicting the outlines of several children's figures - judging by their outfits - inhabitants of the former settlement, which is a reference to the gallery of photographs of Ustka and Ustka citizens from years ago placed below.

Right next door, by the Brzóska Bakery-Confectionery, is the Bread Museum. The baking tradition in the Brzóska family dates back four generations. The new building, which houses the Bread Museum and the Brzóska Bakery and Confectionery, refers to traditional frame architecture. A former German bakery and confectionery stood on the site until the 1960s and was taken over by Boleslaw Brzóska after World War II. It was later run by his son, Eugeniusz - the originator and creator of the Bread Museum, who collected the exhibits that make up today's sizable collection. The Bread Museum, which opened in 1998, resulted from Mr Eugeniusz's passion for collecting. Among the artefacts collected, one can see old equipment for „mixing” bread dough and an old refrigeration cabinet that used cut ice to cool down. There are devices for stuffing doughnuts, dividing the dough into rolls, and moulds for chocolates, pralines or caramels. There is also an exciting collection of archival family documents, postcards, and photos thematically related to baking.

Opposite the post office, adjacent to the bakery, is the newly opened Ship Museum. In it, you can admire, among others, the





with a footbridge length of 57.78 meters and a platform width of nearly 4 meters. With its dimensions, the footbridge balances with the brick building of the Lighthouse on the other side of the channel, creating a visual effect of the entrance to the port. Both the design and construction of the footbridge were handled by local companies. In 2014, the structure won first place in the „Best Public Space in Pomeranian Voivodeship” competition organized by the Pomeranian Voivodeship Board.

Once here, it is worth noting the magnificent building of the historic red brick granary, standing on the right side, along Zaruskiego Street. Since 1987 it has housed the Center for Creative Activities. It is one of three showrooms of the Baltic Gallery of Contemporary Art. The others are in Slupsk: the Witches' Tower and the Chamber Gallery. After complete modernization, the entire building has been adapted for the Center for Creative Activities, which has gained superbly equipped studios for sculpture, ceramics, computer and film graphics, as well as lecture and exhibition halls. Modern accommodation is prepared for artist-in-residence stays. It is the first centre of its kind in Poland and one of the few in Europe and the world. Vis-a-vis the granary one can see three small marine-themed murals, created according to woodcuts by a Japanese artist - Hokusai. Their creation and unveiling took place in 2017.

Black Pearl from the movie „Pirates of the Caribbean,” Titanic, Wilhelm Gustloff and Polish warships.

After leaving the Museum, we head left along the main street, passing by a colourful mural that is a continuation of the Swolowo theme. This time it depicts rural animals.

About 20 meters further on, on the left side of the street, for aromatic tea and small delicacies invites the Tea House Gallery, operating since 1991. A few years ago, the owners initiated the Christmas Fair, which has become a tradition, and every December attracts artists and handicraftsmen from Ustka and the surrounding area.

Continuing along Marynarki Polskiej Street, we turn left between two checkered buildings to see the Red Shed, built in 1867. On the side wall, there is a medallion with the coat of arms symbols of Ustka: a sailing ship and a mermaid. Such characteristic red brick buildings with wide gates in the gable wall served as a marine rescue station. They guaranteed readiness in case of a ship breakdown or disaster in the port and on the roadstead and were erected every dozen kilometres or so along the sea coast. They stored boats and rescue equipment. Since 1930, a motorboat was also on the equipment of the Ustka lifeguards. Today's Shore Rescue Station is located on the harbour channel's opposite side.

Walking to the right along the canal, we can admire the panorama of the port with ships and yachts stationed at the pier, as well as the white, openwork structure of the rotating footbridge for pedestrians, which since 2013 has connected the eastern and

western banks of the Slupia River. The entire weight of the footbridge rests on the river's west bank. The swivel bearing is mounted on the pylon side. Lashing cables are responsible for supporting and balancing it. Thanks to the 24-meter high tower and an electric drive, it is possible to turn the footbridge almost 90 degrees to the right. The opening process takes less than 4 minutes on average. In this position, the footbridge rests on a ramp located on the eastern quay about 2.2 meters above the water level. The structure weighs 80 tons,





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All-Year-Round Facilities

But let's return to Marynarki Polskiej Street, which connects with Czerwonych Kosynierów Street here; this is where the oval forming the fishing settlement closes. In this very place, the renovated John Paul II Park is located, and in the middle of the square once stood the church of St. Nicholas and John the Baptist, consecrated in June 1356 by the bishop of Kamień Pomorski. Its appearance was reminiscent of the church in Zimowiska, which has survived to this day - located on the Ustka-Słupsk road. The Ustka church faced east, with a rectangular tower added on the west side and a low annex with a second entrance on the south. The shape and its location are approximated today by a metal structure located here since 2021. Apparently, the church tower served as a lighthouse, marking the way for ships returning to port. Around the square, the half-timbered houses of the captains of the time are still preserved, which is why the place is colloquially called Captain's Alley. What the site looked like at

We are in the middle of a walking tour of the Old Fishing Settlement. The route and choose a more extended variant of the Ustka tour:

WALK 2 - In the footsteps of the 19th-century bathing resort - start at the Lighthouse - 2,5 hours

WALK 3 - By bicycle through western Ustka - start at the turning footbridge - 2 hours

the turn of the 18th and 19th centuries is shown by a model of the old fishing settlement placed here in 2019. The author is Romuald Wisniewski, a graduate of the Warsaw Academy of Fine Arts at the Department of Sculpture. Next to the church, whose foundations were examined by archaeologists two years ago, and today you can see a fragment of them in a glass display case, there was a small cemetery, which was the burial place of the settlement's inhabitants and sea castaways for about 500 years. In 1889 the church was demolished because it had become too small for the needs of the residents.

From Captain's Alley, past the building

with number 27, we head into the picturesque Red Kosynierów Street, built up with so-called checkered houses, which today usually house guest rooms, restaurants or cafes. This oldest part of Ustka has been included in the municipal revitalization program since 2009. The buildings underwent reconstruction, and the area was entered in the register of monuments. Passing the characteristic tenement building with a turret, on the right on Kaszubska Street, you will see Café Mistral - the manufacturer of Ustka's Fudge. Behind the Café building, it is worth taking a peek at the sculpture of Fisherman Mistral, who, according to legend, saved a fishing village from a sea monster by sacrificing his life.

Continuing along Czerwonych Kosynierów Street, we come to a small square with figures of the Three Graces. This sculpture, by Jan Konarski, has stood in the square since 2017. The Three Graces: Radiant, Reasonable and Blossoming, i.e. patronesses of beauty, mental arts and fine arts, used to adorn the fountain at the intersection of Marynarki Polskiej and Czerwonych Kosynierów streets. However, during the renovation of the roads, the fountain was destroyed. Fortunately, the figures have been preserved. It's worth mentioning that their creator is also the author of well-known monuments to, among others, Father Jerzy Popieluszko at the Sacred Heart of Jesus Church in Słupsk, a bust of Janusz Korczak, patron of Słupsk's Provincial Hospital, and co-author of a monument to Jozef Pilsud-

ski in front of the Belvedere in Warsaw.

Opposite the square with the Graces is the Ustka House of Culture, which, as part of its activities, conducts cultural education for children, young people and adults in artistic groups and interest circles (including the Ustka Art Club, Embroidery Club), organizes exhibitions, festivals, art workshops, concerts and theatrical performances, and in the summer season family events and events for tourists. Permanent proposals in the calendar of events are: Ustka UFF(o) A Amateur Film Festival, Holiday Film Club, family meetings with ceramics, sand sculptures, Lighthouse Festival, Baltic Children's Song Festival „Amber Sunshine”, „Usteck Shell” song contest for tourists, exhibitions of artists from Bielsko-Biala as part of Bielsko-Biala Days in Ustka.

A neighbouring building is an excellent example of preserved initially half-timbered construction. It is the so-called Captain Haase House. It houses the exhibition hall of the Baltic Cultural Center. During restoration work, the inscription „18 P.H. 04” carved on a beam, visible above the entrance, was uncovered. Most likely, Captain Peter Haase built this house in 1804. Passing this historic building, we come to a square with benches and fountains, marking the place from where we started our walk. Here in the summer, you can relax to the sound of the fountains, which are colourfully illuminated in the evenings. For thirsty tourists, big and small, a watering hole has been set up, which can be used on hot days.

See more murals
in the city of Ustka
using this QR code:



John Paul II Park

Walk 2

In the footsteps of the 19th-century summer resort

We offer you a walk through the Seaside Promenade and the villa district. We will end the hike at the Railway Station. These places are associated with the new function of the settlement, which turned into a summer resort in the early 19th century. The 1830s date the beginning of the importance of this Ostseebad Stolpmünde seaside resort. In 1832, 49 summer visitors arrived here with one operating postal stagecoach. Thirty years later, the Royal Post Office launched a second 6-passenger mail stagecoach on the route from Slupsk. The trip from Slupsk to Ustka took 1 hour and 45 minutes. The annual number of summer visitors then was already about 350. In late 1878, the Slupsk-Ustka (Stolp-Stolpmünde) railroad line was opened, which caused an even more significant influx of summer visitors starting in the second half of the 19th century. By 1904, the number had risen to 2294 people. In 1911, a railroad connection to Ustka from Slawno was also built, which significantly shortened travel time from Szczecin and, thus, travel from Berlin and all of Germany. Five railroad stations were established in the resort, two of which were located on both sides of the harbour channel, and this allowed summer visitors to reach the beach.

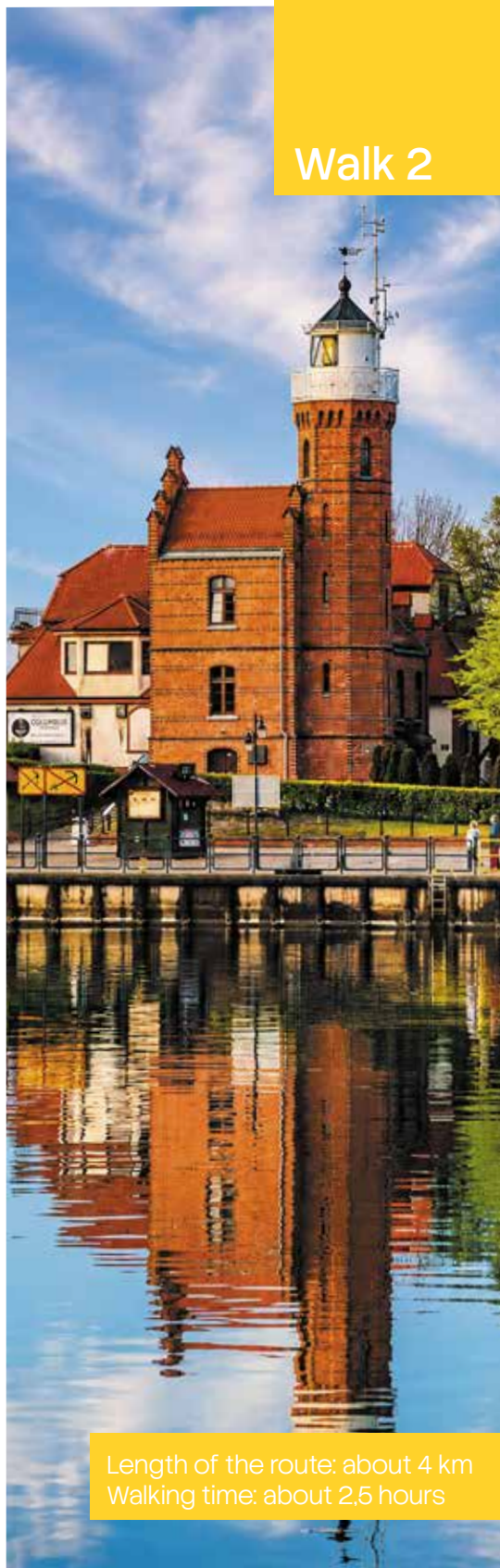
An important moment in the development of the resort function was the establishment of the Bathing Society in 1870. At that time, two bathing houses were built for summer visitors: men on the harbour's west side and women on the east beach. Wooden structures with cabins were erected on stilts above the seashore. In 1913, the men's bathing area was destroyed in a storm. In 1911, a so-called Warmseebad - a type of seawater thermal bath - was built, where one could bathe in heated water. The Kurhaus, or Spa House, was also constructed then, and the town began to be adver-

tised as a Kurort, or spa. In time, as we read in a 1940 leaflet, one could take: „mud baths, brine baths, sulfur baths, spruce needle baths, electric light baths, acid-carbon baths, oxygen and foam baths, as well as wraps and massages.“ Cures also included coastal walks near pine forests.

We begin our hike at the distinctive Lighthouse building. Before the church's demolition in Captain's Notice, the function of the Lighthouse was performed by lights placed on the church tower. Later, when the present-day lighthouse building was built in 1892, initially as a pilot station in the harbour, the light was hoisted to a height of 11.6 meters on a nearby mast. It was a red light, visible from a distance of about three nautical miles. After the tower's soaring roof was converted into a glassed-in gallery, a permanent light source was placed there. Since 1904, an intermittent white light has appeared. The Ustka lighthouse is 19.5 meters high, and its light has a range of about 18 nautical miles. In the courtyard, in front of the Lighthouse, you can see fragments of wooden ships fished from the bottom of the harbour channel and railroad rails from 1914. During the summer, the Lighthouse is open to visitors daily and off-season, only on Saturdays and Sundays when weather conditions are favourable.

Between the Lighthouse and the Harbourmaster's Office building is a monument dedicated to the People of the Sea erected in 2002. In the centre of it is the figure of a woman, a mother, waiting for her son to return from the sea. Surrounding it are stone plaques depicting the work of sailors and fishermen. The monument's author is Stanislaw Kulon, a sculptor from the Warsaw Academy of Fine Arts and sculptor Mieczyslaw Borys designed the plaques. Wreaths and flowers are laid at the monument yearly on Polish Army Day - August 15.

Length of the route: about 4 km
Walking time: about 2,5 hours



The Mayor of Ustka and Grand Lubicz Uzdrowisko Ustka invite you to

Grand Lubicz Health Resort Festival

Ustka 2026

31 July - 2 August



Programme includes:

Health Resort Championships in amber rinsing, sports and acrobatic shows,
harmony zone, exhibition stands

Concerts: Mavi & Aretha (sax & violin show) i Kalwi & Remi



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CONSCIOUS USTKA

10-11 lipca 2026

Theatrical performance and animations promoting a life without stimulants
Concerts: Mikromusic, Sound'n'Grace



“Współfinansowane ze środków Programu Profilaktyki i Rozwiązywania Problemów Alkoholowych oraz Przeciwdziałania Narkomanii Gminy Miasto Ustka na 2026 rok”
 Co-financed by the funds of the Programme for the Prevention and Resolution of Alcohol Problems and Counteracting Drug Addiction of the Ustka Town for 2026.

SEA DAYS

27 June 2026



Programme:

**Bottle boat race, sea animations,
 exhibition of the old fishing harbour,
 culinary shows, shanty songs**

Concert: BRAVE



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Equally recognizable symbol of Ustka as the Lighthouse is the statue of the Mermaid located on the eastern breakwater. While the breakwaters are being renovated, the Mermaid statue is located next to the lighthouse. According to a legend that Kashubian writer Franciszek Fenikowski wrote for Ustka in the 1950s, the Mermaid holds a salmon in her hand. Bryzga Rosowa - for that was the heroine's name - took care of the blind Ustka widow Marusha, deprived of her livelihood when her son did not return from a long-distance voyage. The Mermaid brought the lonely and blind woman salmon every morning so she would not starve. She also instructed her to rub her eyes with the salmon's liver. As a result, the widow soon regained her sight and saw the boat in which her only son happily returned from the sea. The statue was created on the initiative of the Local Tourist Organization „Ustka and Slupsk Land” in 2011. The material for the sculpture was collected in a social collection, and residents and local companies supported the monument's construction. The author of the project is Jerzy Michal Rosa.

From the breakwater, we return to the promenade. This pedestrian seafront route was built for bathers around 1875. The Seaside Promenade has been extended several times. Today it is more than 2 kilometres long. Walking along it from the harbour channel, one will practically reach the city limits to the east. During the season, the promenade is teeming with life - presentations, concerts and fairs are held here; you can buy Ustka's souvenirs in numerous stalls. Along the route, benches have been set up where you can rest and listen to the sound of the sea. There are also restaurants, bars and ice cream parlours. Right next to the Lighthouse, in the glass-walled hall of the Columbus Tavern, you can listen to live music while enjoying a tasty dinner or watching the sunset.

The former Spa Pavilion, or Kurhaus-Pavilion, is right next door, built around 1900. The first floor housed a spacious restaurant. Old postcards from before 1945 show a terrace running along the entire facade with a railing supported by columns. On the right side of the building, we can also see the former music pavilion, where an orchestra once played for visitors strolling along the promenade.

Behind the small park were the former thermal baths (Warmhalle), later the Natural Treatment Facility at 1 Beniowskiego Street, built in 1911. With its characteristic helmeted roof, this building was designed by architect Heinrich Dunkel, who also created the



The Mermaid holds a salmon in her hand. Bryzga Rosowa - for that was the heroine's name - took care of the blind Ustka widow Marusha, deprived of her livelihood...

bathing establishment in Sopot. An antique portal with a sailing ship is visible above the entrance. The facility originally housed 22 treatment cabins.

To the right of the Natural Treatment Facility is the Țcza Sanatorium; on the left, a building with a polygonal turret is visible - this is the so-called Rose Manor, one of the more decorative villas in Ustka with a wooden openwork veranda on the side of the promenade.

Continuing along Limanowskiego Street, parallel to the promenade, you pass the Szerokie Wody Hotel, opposite which you can see an impressive specimen of a white poplar tree, which, because of its shape, is named Neptune's Trident. A few meters away in a small building with a glass roof is the entrance to the Mineralogical Museum. The exhibits are displayed in a historic bunker, which served as an air raid shelter in the past. The length of the underground walkway is about 100 meters. The showcases feature a collection of minerals and seashells from around the world. More prominent minerals and fossils are displayed in the shelter's niches and former storage rooms, including Poland's most extensive rock crystal.

In front of the Museum, we head south along a pedestrian path and come to Chopin Street. We now leave the promenade and the sound of the sea behind for a moment to see the former Ostseestrand Hotel, which, when translated, means beach of the

Baltic Sea. This yellow building with green shutters is the current Hotel Alga. It is distinguished by a distinctive veranda at the front and an interior patio. It was built in 1900 and is listed as a historic landmark. The side wall of the hotel has been decorated since 2020 with a mural depicting a summer view of the beach, created by Tomasz Cukin Żuk, an artist from Koszalin.

Continuing along Chopina Street, we reach a crossroads and turn towards the sea into Żeromskiego Street, which in the 19th-century villa district was a route leading to the main entrance to the promenade. You can see two twin towers of buildings housing eating establishments from here. Before walking between them to the promenade, it is worth looking at the imposing red brick building - the villa of Slupsk's most notable entrepreneur Conrad Westphal - the so-called Villa Red. It is one of the first villa houses on the beach, and the date of construction - 1886 - is placed above the gates of a former stable located next to the main building—the side wall of the stable features magnificently carved medallions with horse heads. The villa building is crowned by a tower and a roof with dormers, and there is a terrace with a view of the sea. Also noteworthy is the Chilean Araucaria, a coniferous tree with distinctive leaves that grows in front of the entrance.

On the opposite side of the street, on the northern wall of the Radosc Recreation Resort, our eyes will be attracted by a ceramic mosaic depicting a school of fish. It was made in the late 1970s according to a design by Irena Zahorska.

If, when standing there, we turn to the south, we will see the picturesque Ze-



The Irena Kwiatkowska Bench

Walking along the promenade and through the streets of the former villa district, you can almost feel the atmosphere of a 19th-century seaside resort.

romskiego Street, the main artery of the villa district. It was here, near the beach, east of the fishing settlement, that a residential community was established, where summer residents could rent rooms in stately villas. The village acquired a modern look; the streets were planted with trees. Walking through this part of town today, you can almost feel the atmosphere of a 19th-century resort.

For now, however, we return to the promenade through the main entrance and head to the right past the Rose of Winds Tavern (PL: Tawerna Róża Wiatrów). Continuing along the seafront route, we visit a park established around 1875. At its edge, we will see the Frederic Chopin statue. The figure of the composer in a flowing cape walks towards the sea. The sculpture was unveiled during the Days of the Sea celebration in 1979 as a gift from the Minister of Culture and Art to Ustka. The monument's author is Ludwika Kraskowska-Nitschowa, who also boasts the design of the Warsaw Mermaid in her collection.

Opposite the park, noteworthy are two distinctive specimens of black pine, which are listed in the Red Book of Endangered Species. We will continue walking along the promenade along the park, on the way passing stately trees growing on both sides of the sidewalk: sycamore maple Gwido and chestnut tree Taurus.

At the exit to beach No. 8, we encounter another monument. This time it is a more contemporary figure - the excellent actress Irena Kwiatkowska. The monument has the shape of a bench formed from a roll of film tape.

Ms Irena sits on it and, thoughtful, looks towards the sea. For many years the actress came to Ustka for vacations and often sat on the bench near the promenade. On the initiative of Ustka residents, this original monument designed by scul-

The Monument of Fryderyk Chopin

tors Rafal Nowak and Piotr Garstka was created in 2012.

The coastal path continues all the way to the city border. Then, as a red hiking trail, it leads to Orzechowo and goes on to Rowy. However, our walking route will lead through the villa district mentioned above. Leaving the bench of Irena Kwiatkowska, we turn around behind the Fala bar, parallel to the promenade, and walk along Chopin Street along the park.

Another monument worth noting is the Dying Warrior standing in the park on the right. It was designed by Joseph Thorak, a favourite sculptor of the Nazis, and unveiled in 1922. It bore the inscription: To Our Fallen Soldiers, commemorating the residents of Ustka who died in WWI. After the war, the inscription was changed to: „To the nameless heroes of the world wars - the society of Ustka.” Today there is no inscription on the monument. The figure of the fallen warrior holds a shield on which the Ustka coat of arms is displayed. A little farther behind the monument towards the beach, it is worth noting the tall, 28-meter tall ash tree „Zeus”, which has a circumference of 316 cm.

Opposite the monument, on the corner of Chopina and Kopernika streets, there is a mesmerising block of the House of Creative Work. This 19th-century manor house is listed in the register of monuments and is one of the most interesting preserved buildings in Ustka. Built in 1909, it became the seat of the House of Creative Work of the Main Board of the Union of Polish Artists after the war. Particularly noteworthy are the wrought-iron railings and fence, while the Art Nouveau interior design, stained-glass windows in the turret or carved and inlaid ceilings create a unique atmosphere. The House of Creative Work welcomes guests for individual stays from the May weekend until the end of September. It is an excellent place not only for plein-air painting and photography but also for art and conference meetings.

Proceeding south along Kopernika Street, we notice at number 5 - at the next intersection with Mickiewiczza Street - a sizable mansion-like building, in front of which there is a small courtyard and driveway. It currently houses the Polish Teachers' Association's Treatment and Recreation Center - Delfin. The building was built in 1914-1919, and the dates can be seen on one of the three medallions placed on the eastern facade facing the garden.

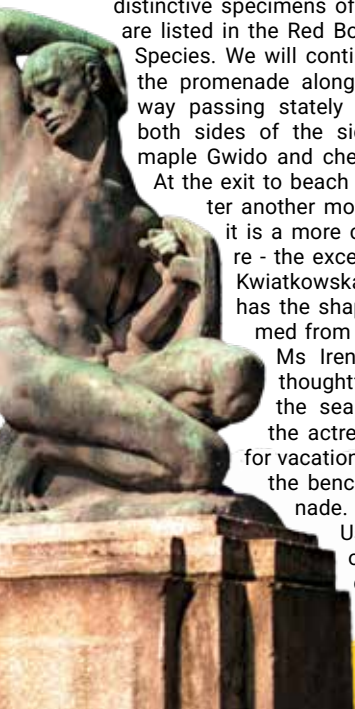
Being on Kopernika Street, it is also worth



noting the front of the tenement standing on the neighbouring property number 3. Here we have the opportunity to see once again the coat of arms of Ustka, which appears as a bas-relief between the windows on the first floor.

The villa district has plenty of buildings with fascinating architectural masses. To take a look at a few of them, we suggest going back to the last intersection, heading further along Mickiewiczza Street and passing the hospital to reach Zeromskiego Street. Along the way, take a look at the following elevations, which catch the eye with their decorative ornaments, wooden or wrought-iron railings, arched windows or carved doors. Reaching the familiar Zeromskiego Street, we see a characteristic villa with a tall turret covered with a green roof on the corner. If we walk a few steps toward the beach, on the right at number 3, we see a wooden house in the Norwegian style with carved ornaments of cornices, balustrades and gable structures. On the opposite side of the street, we can admire several beautiful villas from 1900-1902.

Let's return to the house with the turret and head south along Zeromskiego Street. Along the entire street, we can admire the artistry of 19th-century architects. Behind the next intersection begins Pilsudski Street. We will reach the City Hall along it. It is a large red brick building. The date of construction: A.D.1911, can be seen under the clock located above the main entrance. Construction of the building began on the site of the old school. It was built according to



The Dying Warrior

A delicate brine mist lingers among the greenery of the Ustka Shipyard Workers' Park.

a design by Friedrich Engelbrecht, a building councillor from Bydgoszcz, who often came to the bathing area. The building served as a school until 2004, with a small break, when a military hospital was organised there in 1944. Today it is the headquarters of the City Hall. In front of the main entrance from Kardynała Wyszyńskiego Street, there is a slab embedded in the sidewalk with the inscription Time Capsule. On November 11, 2018, on the 100th anniversary of Poland's independence, an urn with souvenirs brought by residents was placed there. It contains symbols of the city, contemporary newspapers, about 60 letters and items that Ustka residents wanted to preserve for posterity. The capsule is scheduled to be opened in 2118.

Turning right past the City Hall into Słowianska Street, we can see a mural placed on the wall of a neighbouring building. It was created on the initiative of the civic budget in 2017, and it depicts the sea with the poem Gift (PL:Dar) by Czesław Miłosz written on its background. The project, whose author is Słupsk-based artist Piotr Igor Salata, was made by the Indigo Foundation.

Opposite the main entrance to the City Hall is the municipal cemetery, where an urn with soil from the graves of Polish officers murdered in Katyn is deposited. The site is located on the central alley and is commemorated by a tall cross and a plaque founded by the Ustka Shipyard on the 53rd anniversary of the murder.

Leaving the cemetery on the left, we head west along Wyszyńskiego Street to Marynarki Polskiej Street. At the crossroads, we pass by the Church of the Holy Savior. It was built in 1885-1888 behind the settlement on a dune. The Gothic crucifix above the altar was moved to the new church from the old church. The wooden interior of the new neo-Gothic church was made by Ustka's master carpenter Franz Draheim, a member of the community council and philanthropist. In



1887, organ master Christian Friedrich Volkner of Duninow equipped the church with an organ. Until 1909, the church was a branch of the Zimowiska parish. Then the roles were reversed. Today it is a parish church, with Zimowiska and Charnowo under its authority. A peculiarity of the temple are the votive paintings donated by the families of sailors who passed away on eternal watch. The oldest of them dates back to the 17th century. After the end of World War II, the temple was consecrated as a Catholic church.

We continue our walk by turning south (left) along Marynarki Polskiej Street and passing on the right a building with distinctive columns built in 1936 as a movie theatre for Luftwaffe garrison soldiers. Until recently, this building housed the Ustka cinema, which screened the latest film productions.

In Ustka's Shipyard Workers Park, adjacent to the cinema, our attention is drawn to a wooden octagonal pavilion resembling a gazebo. This is a brine graduation tower, built in 2020, and in 2022, by the decision of the City Council, it was named after Dr Henryk Klimczuk, who for many years served as chief physician of the Ustka Health Resort. The interior of the structure is made up of bundles of blackthorn twigs, against which the flowing water, pumped continuously from the reservoir by a system of electric-hydraulic devices, crashes. The flowing water is treated, disinfected with UV filters, and discharged back into the reservoirs. There is also a so-called mushroom in the pavilion's centre, where brine aerosol is additionally sprayed. The brine graduation tower is simply a giant inhaler. Brine inhalations are recommended for respiratory system inflammation, allergies, lung diseases, general exhaustion, and recovery after serious illnesses. The brine,

obtained from the local source Ustka 1, is replaced every two months. Halotherapy, or salt treatment, has been appreciated by tourists and visitors who enjoy visiting the graduation towers. On sunny days the evaporation of brine is more intense, and the healing mist can be felt and seen outside the pavilion. The brine is made available by the owner of the intake - Uzdrowisko Ustka Inc. The brine graduation tower is open daily from 6:00 am to 10:00 pm, from April 15 to October 15. It does not function during the winter period.

Follow the path through the park behind the graduation tower to reach the slope and climb the stairs. From there, we can see the last object on the route of our walk - the magnificent Railway Station building. The turret on the roof of the building has been reconstructed, which can be seen on several old postcards before 1930. Reprints of postcards depicting old Ustka are available for purchase at the Tourist Information Center. Construction of the station was completed in 1911. The building itself was unique in that the ticket offices and waiting room were located on the first floor, at the level of the viaduct. On the ground floor, however, at the platform level, the signal box was located. On platform two, the original wooden shed, restored in 2019, still survives. The historic Railway Station building has been renovated and, together with the new Bus Station, forms a transportation integration hub. The entire facility was put into operation in 2021. The building is named after Ustka's Mayor, Jacek Graczyk, who held the office from 2002-2006 and 2014-2020, and houses, among other things, a seasonal Tourist Information Center (open in July and August) with a wide range of maps, guides, postcards and souvenirs. You can also rent bicycles and store luggage here.

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Ustka – A spa town with tradition

In 2026, Ustka celebrates the 38th anniversary of being granted the status of a health resort. This status of a health resort town was granted to Ustka on 1 January 1988. The efforts to be granted the status of a health resort were initiated on 1 September 1974 with an act of forming the Health Resort Division of the State-Owned Enterprise of "Półczyn Zdrój" and – on 1 July 1978 – the State-Owned Enterprise of "Health Resort Ustka" which, on the basis of already existing in Ustka holiday facilities as well as the Institute of Natural Medicine, started their health resort activity. The State-Owned Enterprise of "Health Resort Ustka" accepted approximately 1300 patients at the same time and provided around 2500 daily medical treatments.

Microclimate, clean air, wide beaches, pine forests, treatment and accommodation facilities, natural treatment resources such as mineral waters and mud are all factors enabling Ustka to function as a health resort. The sea-side air containing iodine, calcium and magnesium salts supported by negative ionisation has a favourable effect on self-esteem, increases vitality and energy levels.

Sea-salt aerosol constitutes a natural therapeutic factor in the treatment of respiratory and allergic diseases. Ustka is also visited by patients who wish to treat ailments of the motor system, rheumatic, and cardiovascular diseases as well as metabolic and endocrine system disorders.

Ustka's values have been known for a long time. Although the first list of holidaymakers appeared shortly after 1830, the first guests came much earlier. Until the end of the first world war Ustka boasted two separate bathing sites: for women (on the eastern side) and for men (on the western side) – with a park which encompassed the current area of the Bunkers of Blücher battery. At the turn of 19th and 20th centuries, the number of patients coming to Ustka increased considerably and so – in 1911 – baths were constructed which have since turned into the Institute of Natural Medicine. At that time, it was a kind of spa, where at the beginning, therapeutic baths in heated seawater were offered. Subsequently, brine and mud baths were added as well as various inhalations. Ustka started to promote itself as a spa ("Bad" in German) specialising

in bathing – and the most prestigious hotel in Ustka was proudly named "Kurhaus," the Spa House.

In 1905, there were two spa-based doctors in Ustka. In the 1906 brochure, we find information that the methods and means of treatment in Ustka included staying and walking on the beach and in the pine forests, cold and hot sea baths, and spa treatments. The spa guest had to purchase a spa card and pay a fee within 24 hours of arrival, which was 70 pfennigs per day for an adult (source: History of Ustka from 1985). Since the 1920s, the official name "Ostseebad Stolpmünde" – "Baltic Seaside Resort Ustka" has been in use.

After the war, holiday centers were built for employees of several large enterprises from all over Poland. There were also several "Czarodziejkas" (Enchantresses) – houses of the Workers' Holiday Fund. In the 1970s, the first sanatoriums were established. Currently, these include Teżca, Green Garden, and the Grand Lubicz Uzdrowisko Ustka spa complex.

Tourists staying in the city of Ustka are required to pay a spa fee of 6.50 PLN for each day of their stay.



Visitors who pay the spa fee receive a Spa Pass, which entitles them to various discounts on selected services and products.

For detailed information, please visit www.visit.ustka.pl.

The spa fee can be paid directly to accommodation providers, at the Tourist Information Centre, or at the Ustka Town Hall cash desk.

Funds collected from the spa fee are invested in projects that enhance Ustka's status as a health resort.

Thanks to this funding, the Town Hall has completed numerous developments, including the Lower Promenade, the Solidarity Trail, a forest walking and cycling path connecting Kościelnicka and Westerplatte Streets, Chopin Park, the Spa Park, and bicycle shelters.

Sports facilities have been modernized, and many green spaces have been revitalized.

The amount collected through the spa fee is also significant because it determines the size of a matching subsidy granted by the national government.

Walk 3

Route length: about 8 km

Travel time: about 2 hours

By bicycle through the spa - a spa path for health

Our route runs mainly through the western, forested areas of Ustka. We propose to overcome it by bicycle, although, of course, you can go on foot. We set the start of the walk at the aforementioned rotating cable-stayed footbridge, which since 2013 has connected the two banks of the harbor channel. The footbridge's pylon, which houses a camera transmitting an online panorama of the port, is 24 meters high. The length of the bridge, suspended by 10 steel cables, is more than 57 meters, and the structure weighs 40 tons and rotates 85.5°. If necessary, a vehicle weighing up to 7.5 tons can

pass over the footbridge. The footbridge opens to pedestrians at the top of every hour for 20 minutes. The Port Authority gives the exact hours of operation on page No. 37.

The port is an integral part of most seaside towns. In the case of Ustka, this port at the estuary of the Słupia River to the Baltic Sea was bought by Słupsk councilors from the Święc family in 1337. The payment was an annual transfer to the knights of a pair of shoes or its equivalent of 8 Slavic pennies. The first breakwaters, 55 meters long, were built of wooden boxes filled with stones. Ustka received goods from Western Europe, such as metal tools, Rhine, and French wines or fish. Ma-



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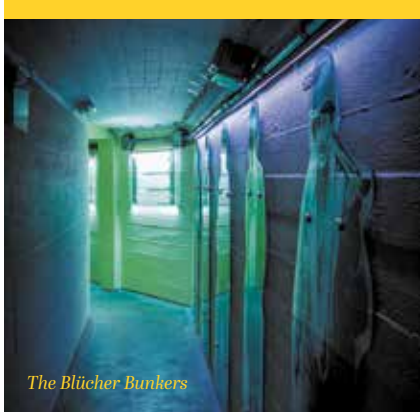
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The Blücher Bunkers

inly grain, tar, wood, and amber products were sold. Slupsk, together with the port of Ustka, was a member of the Union of Hanseatic Cities from 1382. The rapid development of infrastructure and, consequently, the trade made Ustka the largest port in the east of the Pomeranian Principality already half a century later. The seaport of Ustka experienced a period of prosperity several times; several times, it was also destroyed by storms or declined due to the collapse of maritime trade. At the turn of the 20th century, in the era of steamships, the port was modernized again. In 1871, a harbor pilot station was built. The port staff purchased a floating dredger for the harbor channel. About 400-meter-long breakwaters were constructed with stones brought here from Sweden, and in 1903 the port's concrete breakwaters were completed, which significantly inhibited the carrying of sand by sea currents into the estuary. At the turn of the 20th century, the port gained a rail connection by bringing tracks along both quays. Today, Ustka's port has a fishing and tourist character. The yacht marina has also been modernized. An operations and maintenance base for offshore wind farms will soon be built in the port.

When entering the footbridge, it's worth looking at both port wharves. On the west side of the harbor channel, a gray grain elevator with a semicircular roof and a loading crane closer

by can be seen in the distance. A spirit warehouse was also built on the west side between 1886 and 1888, which could hold 2.5 million liters. Tankers from Hamburg regularly came to Ustka for this commodity. After crossing the footbridge, let's look at the picturesque panorama of the eastern waterfront with the buildings of the Lighthouse and the former grain granaries. Next to the green Coast Guard building is the oldest granary. It is a red brick building that today houses the Granary Restaurant and the Center for Creative Activities, among others. There is also another massive granary of the former „Geiss” company on Port Boulevard running along the canal. It houses the Port Tavern. Both of these buildings still remember wooden sailing ships.

Behind the footbridge, we enter the pedestrian and bicycle route of Ustka Seamen, Fishermen, and Sailors. It leads past Cafe Mistrzal Na Fali, where you can stock up on tasty Ustka's Fudge (Krówki Usteckie). Next door is a seasonal tourist information center offering maps, guidebooks, and original Ustka souvenirs. We also pass by the Fish Market, where fresh fish can be purchased. Information on fish availability can be checked thanks to the Fishmarket Ustka mobile app. Driving further, let's pay attention to the giant octopus on the mural by Koszalin artist „Cukin,” placed on the headquarters of the Alpha Team association. It was created in 2020 during a workshop for young people organized by the association.

Passing the harbor pool, we admire the panorama of the yacht marina. Silhouettes of boats against the backdrop of the Lighthouse and footbridge create a specific atmosphere of the port. You can also notice the distinctive white silhouette of the SAR-3000 Marine Rescue Ship, which has been stationed in Ustka since 2013. Right next to the marina basin is a modern Marine Rescue Station. The building bears the distinctive Maltese Cross - the sym-



bol of the rescue service. If you turn in front of the station toward the harbor channel, you will see railroad rails preserved on the quay.

Leaving the port area, we turn sharply to the right and head west along the bank of the paved road. On the right stretches the site of the Blücher Bunkers. There is a History and Entertainment Park, „Fortress of Ustka.” In the 19th century, in the dunes area on the west side of the harbor and as far as Darlowo, the Slupsk regiment of Blücher's Red Hussars held exercises. Before World War II, there were barracks for 7,500 soldiers and a significant artillery training ground here. On the site of the 19th-century men's bathing area, on the west side of the harbor, the Germans built the „Blücher” Anti-Aircraft and Barrage Battery, named after the commanding general of the Slupsk cavalry regiment, which around 1801 was directed to our part of the coast for defense against the English. Four reinforced concrete gun emplacements for 105 mm cannons, a command post, and an engine room, which housed a power generator, have survived from it to this day. A multimedia gallery was created in the underground rooms today, with scenes of German soldiers' lives recreated realistically. Mannequins in uniforms, mock-ups, photos, and films are meant to familiarize visitors with the events that took place during the war in Ustka and the surrounding area. The area around the bunkers includes an ASG, a paintball shooting range, and an archery course.

The Fisherman — the first figure in the “Ustka Sea Crew” sculpture series.

Today Ustka's port has a fishing and tourist character.





This is the so-called „third pier.” Construction of the breakwater began in 1937, about a kilometer and a half west of the estuary of the Slupia River. The Germans planned to create a large seaport.

We go straight through the intersection with a pedestrian and bicycle path leading from Koscielniaka Street to the 2nd exit to the western beach. The road will lead us to the beach entrance number 1. At the end of the path, by the beach, you can secure your bicycles and rest near a ferroconcrete structure extending to about 100 meters into the sea. This is the so-called „third pier.” Construction of the breakwater began in 1937, about a kilometer and a half west of the estuary of the Slupia River. The Germans planned to create a large seaport. The western pier was to be 1,600 meters long and arc towards the extended eastern pier. The port was to have a depth of 10 meters and accommodate large ships with more extensive drafts. A railroad was to come directly to the terminal. Construction was stopped before the World War II outbreak, and the remains of the excellent investment are today a tourist attraction in Ustka.

To continue our tour, we return to the intersection and turn right along the pedestrian path mentioned above and the bicycle path, which was built thanks to the spa fee. The trail leads through a beautiful pine forest, and we will reach the railroad crossing. A signpost for Seekenmor (or Phantom Pond) will show us

the forest path that turns right before the rails. Riding along the tracks, past the Ustka-Uroczysko train stop, we reach a small, picturesque pond. A bridge is built over the marshy ground; you can use it to drive around the pond, which gained its „ghostly” name due to a legend. According to the legend, the carriage of the heir of Lédów drowned here because the coachman was misled by the misguided fires of ghosts spinning over the surface of the water at night. It is said that even today, on foggy evenings, mysterious figures can be seen above the water’s surface, perhaps the spirits of drowned people... But also, in the daytime, it is worth going to the Phantom Pond because the place is indeed full of charm. The legend of the heir of Lédów and many other fascinating stories can be found in the book „Legends of Ustka and Slupsk Land,” which can be purchased at Ustka Tourist Information Center outlets.

After a short rest under the shelter, we return along the tracks to our bicycle path, which crosses the tracks and leads to the right along Koscielniak Street. The street’s patron was an outstanding artist, a student of Professor Jozef Mehoffer. As an Auschwitz prisoner, he was active in the underground, documented the camp’s reality, and smuggled illustrations out of the camp. A collection of about 300 of his drawings is in Auschwitz. After the war, Koscielniak was also one of the museum’s creators. In 1980 he became, as one of the few Poles, a member of the elite Society of European Intellectuals (SEC). He lived in Ustka from 1979 to 1989 and was buried here in 1993. Ustka residents honored the artist with a commemorative plaque, unveiled in 2010 on the centenary

of the artist’s birth. It is located next to a residential area on the right side of our route.

We reach Wilcza Street and go left to Darłowska Street. Here already runs the EuroVelo 10/13 route, which, turning left before the overpass, we will reach the Canoe Station on the Slupia River. On the way, we pass the Municipal Cultural Center and the Adventure School on the left. Looking to the right, we see the characteristic block of the railroad station in an interesting perspective from the river. Further on, the trail follows a new footbridge over the Slupia River and continues along Ogrodowa Street, crosses the railroad tracks, and, to the left, leads to the Vilnius Roundabout. Turn left on Slupska Street and then right on Sportowa Street to reach the next traffic circle at the Church of the Blessed Virgin Mary Star of the Sea. Next to the church grows the so-called „Papal Oak,” planted in 2006. Its seedling was grown from acorns of the oldest oak in Poland - the Chrobry Oak. The seeds were blessed in the Vatican by Pope John Paul II in 2004 during a pilgrimage of Polish foresters. The oak grows beside the Katyń Cross and a glass chapel containing a figure of the Madonna, Star of the Sea. In front of the church is a monument to the Polish Underground State and the Home Army. The obelisk features a silhouette of a crowned eagle and the words „God, Honor, Homeland.”

The city bicycle path along Grunwaldzka Street will take you to the city center. There is also the possibility of continuing the trip along the EuroVelo 10/13 route, part of which is the Old Railway Track, towards Orzechowo. This route will be mentioned in the section of the Municipality of Ustka.





The earliest culinary and gastronomic traditions of today's Ustka date back to the 18th century, the time of the harbor settlement of sailors and fishermen. At that time, it numbered only about 60 houses, but there were as many as six taverns, and simple fish dishes made of fresh fish, prepared raw, dried, salted, baked, or boiled, probably reigned supreme. Over time, as the town gradually turned into a 19th-century resort, more varied and exquisite dishes began to appear. Still, the most popular local dish on tables in the early 20th century was fish, and most often flounder, cooked in one pot with potatoes. A 1908 guide to German Baltic baths proclaimed that when compared to Kolobrzeg or Sopot, „prices in Ustka (formerly: Stolpmunde) are moderate,” and there was an „unsophisticated tone.” Smoking was a common way of preserving fish. During World War I, the fame of Ustka's smoked sprats, flounder, and salmon reached cities in western Germany and France. Two of the pre-war smokehouses survived until the 1980s. As befits a seaside town, even today, you can buy smoked fish, but not only that: you can also buy fresh fish straight from the fishing cutter.

There are several eating locations in Ustka, with restaurants and fish fryers at the top of the list, but also several pizzerias and bars. Some places have been in continuous operation since pre-war times or even longer, such as the Bar under the Thatch (PL: Bar Pod Strzechą), among others. Today you can eat traditional Polish cuisine here and wash it down with good beer. Also worth recommending is the 7 Heaven Restaurant (PL: 7 Niebo). Fish dishes and many more are also served by the Columbus Tavern, Laguna Marine, Wind Rose Tavern (PL: Róża Wiatrów), or Fala Fryer, all located on the Seaside Promenade. Along the harbor channel, many smaller fryers also offer dishes made from fresh fish. The taverns, built in old brick granaries, attract gourmets with tasty dishes and attractive, stylish interior design. There is also a fishmonger next to the Alga restaurant on the west side of the port. Delicious home-cooked meals are served by

the Canteen at Primary School No. 1 (PL: Stołówka Szkolna przy SP1) and „Klusek” Bistro. Original European cuisine is offered by „Bar Meduza” and „Resto Bar Mistral gotuje”. Tourists traveling through the Slupsk region also like visiting the Herring Farm (PL: Zagroda Śledziowa) in Starkowo or Fishparty Manufaktura in Niestkowo, specializing in the production of herring appetizers.

Numerous cafes, ice cream shops, and pastry shops tempt lovers of sweet desserts. Ustka's Fudge (PL: Krówki Usteckie), made at Café Mistral, considered a regional product, is valued for its unique recipe. If one is an enthusiast of other sweets and coffee, a great place to visit is Jablonowscy Coffee Roastery (PL: Palarnia Kawy u Jablonowskich), the AniAni café by the square with fountains, or the Mistral Na Fali in the western part of the port.

Tea enthusiasts are recommended to visit the Teahouse (PL: Herbaciarnia) on Marynarki Polskiej Street - there is something for the tooth - homemade cakes and a wide range of teas from all over the world, as well as something for the soul - an atmospheric art gallery. Also worth recommending is the traditional Chomczynski Ice Cream or Iceberg (PL: Góra Lodowa). Meanwhile, in the Here and Now (PL: Tu i Teraz) cafe, you can taste hot doughnuts in addition to ice cream.

Local sweet flavors are complemented by honey from the Little Bee (PL: Pszczółka) apiary in Ustka and the Wandering Beehive (PL: Wędrowna Barć) apiary in Krzemienica, where you can also buy traditional goat cheese and local liquor. Anyone visiting Swołowo and the museum's homesteads can also taste and buy healthy and tasty homestead cheese (PL: Sery Zagrodowe) at Homestead 46.

Meanwhile, connoisseurs of more potent liquors will be tempted to taste delicious local wines at Veneda Winery (PL: Winnica Veneda) in Wodnica. It's a family-run winery with a well-equipped wine bar, run in an ecological spirit; on-site winery tours, including the production facilities, are possible upon prior reservation.



Flavours of Ustka and the Słupsk Region

FOOD AND BEVERAGES of Ustka and its vicinity

"KLUSEK" BISTRO	8 Chopina St., Ustka home delivered dinners	+48 533 309 808	www.klusekustka.pl
"POD STRZECHĄ" BAR	59 Marynarki Polskiej St., Ustka	+48 59 814 40 60	www.podstrzecha.pl
CANTEEN AT PRIMARY SCHOOL NO. 1	18 Darłowska St., Ustka	+48 530 557 339	www.obiady-ustka.pl
"COLUMBUS" TAVERN	1 Limanowskiego St., Ustka	+48 500 530 530	www.columbus.pl
"RÓŻA WIATRÓW" TAVERN	5 Promenada Nadmorska St., Ustka	+48 602 623 845	
"MEDUZA" BAR	10 Beniowskiego St., Ustka	+48 597 205 866	www.meduzaustka.pl
"MISTRAL GOTUJE" RESTO BAR	10 Żeromskiego St., Ustka	+48 453 551 042	www.bistroutstka.pl
"MISTRAL KRÓWKA USTECKA" CAFÉ	9 Kaszubska St., Ustka	+48 501 527 578	www.cafemistral.ustka.pl
"MISTRAL NA FALI" CAFÉ	Western Harbour next to the footbridge	+48 501 527 578	www.mistralnafali.ustka.pl
"MISTRAL TU I TERAZ" CAFÉ	73 Marynarki Polskiej St., Ustka	+48 501 527 578	
FOREST RESTAURANT	Kościuszki 19, Ustka		www.forestustka.pl
TEA HOUSE AND WINE CELLAR "(NIE)WINNA PIWNICZKA"	14 Marynarki Polskiej St., Ustka	+48 59 814 48 83	fb
"PSZCZOŁKA" APIARY FARM	2 Chabrowa St., Ustka	+48 59 814 32 44, +48 606 456 155	fb
"WĘDROWNA BARĆ" APIARY FARM	Krzemienica 22, Redzikowo Municipality	+48 501 163 294, +48 501 163 295	www.pasieka-krzemienica.pl
"PROMENADA" FOOD COURT	1-8 Promenada Nadmorska St., Ustka	+48 59 814 52 18	



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Actively Through Ustka



Fans of lazy sunbathing during holidays need nothing but beautiful, sunny weather. However, Ustka is also visited by tourists looking for other forms of recreation, wishing to combine physical activity with seaside relaxation. Numerous hiking and biking trails through coastal forests, the high cliffs of Orzechowo and Dębina, the meanders of the Słupia River, and the moving dunes in the Slowinski National Park are just some of the qualities of the region that make physical activity in Ustka and the surrounding area a pure pleasure.

On foot...

For lovers of hiking, we have many hiking trails in the city and its surroundings. The walks described in the Guide are one option. In addition, you can hike along the city's trails, marked with colorful fish signs. For lovers of long hikes, the red trail along the coast between Ustka and Rowy will be suitable. The distance is about 17 kilometers. You can also walk this distance along the beach. On foot, it is also worth traver-

sing the red trail leading in the Slowinski National Park through Czolpinska Dune to Leba, the yellow Trail of the Slowinians, and the blue route through the Lupawa Valley. We also recommend a walk from Smoldzino to Rowokół Hill.

Nordic Walking

Nordic walking in Ustka is a perfect way to stay active and relax at the same time. Wide, comfortable paths invite both beginners and experienced walkers to explore the area at their own pace. To truly soak in the unique atmosphere, join the Baltic Challenge – a seaside Nordic Walking Championship over 5 km! It's a celebration for everyone, regardless of skill level. Walk at your own rhythm, earn a medal, and then enjoy a bonfire, sauna, live concerts, games, and lots of laughter. It's the perfect way to feel like an athlete and just have fun! The event takes place after the winter holidays, at the turn of February and March.

Mini Train Rides

Looking for a fun alternative to walking? Hop aboard Ustka's charming mini train! This guided city tour departs twice a week – on Wednesdays and Saturdays – during July and August at 4:00 PM from the stop on Portowa Street. Tickets can be purchased at the Tourist Information Centre on Marynarki Polskiej Street 71. And for the little ones? There's the colorful Fairy Tale Train, which departs from Ustka Port and offers magical city rides from May through the end of September.

On bikes...

The surrounding trails and bicycle paths are a real treat for all lovers of two-wheels. The Trail of Rolled Tracks (PL: Szlak zwiniętych torów) Ustka - Rowy (21 km) is one of the most famous bicycle routes in the region. It is part of the EuroVelo 10/13 international route. In addition,

frequently used trails are the VeloBaltica route between Ustka and Jarosławiec (about 28 km) and the R-14 route between Ustka and Charlotta Valley (12 km). Those interested in renting bicycles are welcome to visit the Tourist Information Center in Ustka at Marynarki Polskiej 71 Street, which houses a year-round bike and bicycle equipment rental (children seats, trailers, helmets) as well as the Tourist Information Point at the train station, operating in July and August. On the west side of town, bike rental points can be found at the KawisBike store on Darłowska Street and at the Blücher Bunker.



By ship...

During the season, more than a dozen ships dock at the harbor in Ustka, offering tourist cruises on the sea. You can take a cruise along the Ustka coast on the pirate ship Uniqus or Dragon. For a romantic sunset, tourists will be taken by Twoje Rejsy. If someone is looking for stronger sensations, you can set out to sea on the luxury yacht Sun Star. You can also rent a sailing yacht called erybak.pl or enroll in a sailing course complete with an exam.



On canoes...

Ustka offers tourists a number of attractions closely related to water. Popular in the area are canoeing trips, one- or several days long, on our region's rivers, namely Słupia, Łupawa, and Wieprza. The organization of expeditions is handled by companies such as „Na kajakach” and „Splywy Kajakowe Słupia.” An essential fact about the Słupia River is that some sections have a stream similar to a mountain river. The 133-kilometer Papal Canoe Trail has also been created here. In addition, the Trail of the Oldest Hydroelectric Power Plants is also worth recommending.

On paragliding...

A form of active recreation gaining popularity, especially in recent years, is observing the Ustka area from the air, which can be done by flying with an instructor. This is definitely an idea for the brave since favorable winds blowing at the surrounding cliffs make paragliders soar really high.

Beach Volleyball

For fans of active leisure, beach volleyball is a must in Ustka. Courts are located on the western beach near the central entrance. On the eastern side, you'll find fenced courts just opposite the famous Irena Kwiatkowska bench.



Two more courts are nestled in the pine forest along Rybacka Street, next to the Leśna Dune. Sand, sunshine, and good vibes guaranteed!

Winter Swimming

In Ustka, winter swimming is pure pleasure – a burst of cold-weather adrenaline in a stunning coastal setting. The wide beach, fresh iodine-rich air, and that one-of-a-kind feeling after plunging into icy water! It's a fantastic way to boost your immune system, lift your spirits, and meet passionate, like-minded people. To truly soak in the atmosphere, don't miss the Great Walrus Integration – a national winter swimming gathering. This celebration of icy dips includes live music, a parade, group swims, a sauna, and bonfires. It takes place during the Epiphany weekend in January and draws cold-loving adventurers from all over Poland!

Ustka is best discovered actively



ADVERT

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Tuesdays with Captain Haase
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Meeting point in front of the Church of the Most Holy Saviour
Tuesdays and Wednesdays at 10:00 a.m. (July and August)



www.visit.ustka.pl

Accommodation

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JUSTKA I ZIEMIA SŁUPSKA

TOWN OF USTKA

USTKA – HOTELS, PENSIONS, INNS

ALEKSANDER 2* HOTEL	Beniowskiego 2a	59 815 21 80, 59 814 58 05	www.hotelaleksander.com.pl
JANTAR 3* HOTEL	Wczasowa 14	59 814 40 93	www.jantar-ustka.pl
LUBICZ WELLNESS & SPA 4* HOTEL	Grunwaldzka 14	59 814 31 02, 59 814 31 03	www.hotel-lubicz.pl
GRAND LUBICZ - UZDROWISKO USTKA 5* HOTEL	Wczasowa 4	59 841 82 00, 506 237 789	www.grandlubicz.pl
MORZE 3* HOTEL	Marynarki Polskiej 22	59 815 52 00, 59 815 20 27	www.morze-ustka.pl
ROYAL BALTIC 4* HOTEL	Wczasowa 26	59 815 52 81, 607 107 855	www.royal-baltic.pl
THE SUN BY LUBICZ HOTEL	Chopina 2A	59 841 82 50, 506 237 775	www.thesun.pl
USTKA 2* HOTEL	Wczasowa 25	59 814 40 84, 605 147 815	www.hotel-ustka.eu
PORTOBELLO PENSIJON	Bulwar Portowy 5	605 944 446	www.portobello-ustka.pl
DAJANA INN	Chopina 9	59 814 48 65	www.hotelaleksander.com.pl

REHABILITATION UND HOLIDAY RESORTS

ARCHIPELAG Resort	Wczasowa 8	59 814 46 28, 603 156 156	www.archipelag.ustka.pl
DAGMOR Holiday Resort	Storczykowa 6	59 814 99 30, 570 980 251	www.dagmor.pl
NIEWIADÓW Holiday Resort	Uroczysko 6	59 814 49 86, 603 864 016	www.niewiadow-ustka.pl
POMORZE Rehabilitation and Holiday Resort	Kościuszki 15	59 814 49 67, 59 814 96 84	www.pomorzeustka.pl
FOREST FAMILY RESORT	Kościuszki 19	59 815 23 00	www.forestustka.pl
PRZYSTAŃ U KAPITANA Holiday Resort	Wrzosowa 1	59 815 20 20, 500 045 176	www.przystanukapitana.ustka.pl
TECZA Sanatorium	Chopina 1/3	59 814 40 91	www.tecza.tp1.pl
UROCZYSKO Holiday Resort	Uroczysko 3	601 991 188	www.uroczysko-ustka.pl
WŁÓKNIARZ Rehabilitation and Holiday Resort	Wczasowa 15	59 814 70 69, 669 155 600	www.wlokniarz-ustka.pl
ADVENTURE Youth Hostel	Dałowska 3 B	517 083 015	www.schronisko.slonecniki.org
BOROWINKA Holiday Centre	Gen. Grotta-Roweckiego 9	59 814 69 85, 607 060 437	www.borowinka.pl
CAMPING MORSKI 101	Armii Krajowej 4	604 486 413, 608 402 516	www.morski101.pl
LAWENDOWA PRZYSTAŃ Rehabilitation and Holiday Resort	Niemcewiczka 22	691 913 513	www.rehabilitacja-noclegi.ustka.pl

APARTMENTS, FLATS, VILLAS, GUEST ROOMS

BRYZA Apartment	Promenada Nadmorska 11	500 217 813	
BURSZTYNOWY Apartment	Kilińskiego 3/16	501 752 849, 602 220 626	
Cechowianka Apartments	Marynarki Polskiej 81C	577 600 240	www.cechowianka-ustka.pl
COLUMBUS Apartments	Limanowskiego 1	500 520 520	www.ustka-apartamenty.pl
DOM POD KOTWICĄ Apartments	Rybacka 8	604 574 233, 602 294 792	www.podkotwica.ustka.pl
SPOKOJNA PRZYSTAŃ Apartments	Żeromskiego 18/2	603 330 520, 516 130 148	www.apartamentyustka.eu
USTECKIE Apartments	Na Wydmie 8/13 i Liliowa 9	501 476 210	www.apartamentyusteckie.pl
UST-RYB Apartaments	Grunwaldzka 17	601 661 680	www.urlopwustce.pl
NAD-MORSKIE Apartments	Sprzymierzeńców 16/1	509 209 832	www.nad-morskieapartamentyweebly.com
USTKA Apartments	Wczasowa 2	59 814 48 01	
Summer Guest Houses SOSNOWO	Jasienicy 2 i 3	695 337 005	
KRZYŚ I WOJTEK Summer Guest Houses	Kopernika 7	604 183 639	
VIP USTKA Holiday House	Z. Nałkowskiej 32	606 372 023	fb/domkiletiskoweVIP
RÓŻA WIATRÓW Summer Guest House	Słowiańska 9	665 096 133, 665 215 611	www.rozawiatrowustka.pl
SOLANO Holiday House	Pomorska 3	693 777 984	www.solanoustka.pl
MISTRAL Holiday House	Pomorska 2	501 527 578	www.mistral.ustka.pl
BARBARA L. Villa	Kopernika 4/2	668 148 378	
LETNISKO PRZY BURSZTYNOWEJ Villa	Bursztynowa 21	500 045 248, 511 743 901	
WILLA BALBINKA	Beniowskiego 14	530 934 875	
PRZY NEPTUNIE 1, PRZY NEPTUNIE 2 Villas	Jagiellońska 4 i 6	500 209 377	www.przyneptunie.com
KOMANDOR I, KOMANDOR II Villas	Mickiewicza 17 i 21	887 602 041, 607 666 692	www.komandor.tp1.pl
POD ŻAGLAMI Villa	Sprzymierzeńców 9	796 991 140	www.willapodzaglami.ustka.pl
SAPIEHA Villa	Lipowa 4	607 614 814	
L'ARTE Villa	Mickiewicza 19	502 104 970	www.villalarte.tp1.pl
MISTRAL Villa	Żeromskiego 10	501 527 578	www.villamistral.ustka.pl



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Royal Baltic Luxury Boutique

By the Baltic Sea there are places where luxury needs no ostentation. All it takes is the sound of waves, the scent of pine forest and space designed with harmony in mind. Royal Baltic Luxury Boutique in the prestigious resort of Ustka is one of those addresses that you discover slowly – with the pleasure that true relaxation brings.

The hotel, located just a few steps from the wide sandy beach, creates an intimate enclave of peace. Subtle elegance of interiors, natural materials and carefully refined details create an atmosphere of tranquility that promotes regeneration and allows you to find your own rhythm of seaside rest.

Culinary experiences are concentrated in the **Royal Gold** and **Royal Red** restaurants, where classical European tradition meets modern culinary sensibility. The menu, based on seasonal products and the highest quality ingredients, creates flavor compositions that celebrate simplicity and elegance.

In the evening the hotel reveals a more sociable face in the **Voyage Royal Club Bowling & Bar space**. Bowling alley, bar, carefully selected wine and cocktail menu create an atmosphere for meetings in a relaxed yet elegant setting. Guests are also happy to spend family time in the **Royal Room** with billiards, table tennis and table football, while the youngest find their own world of fun in the **Kidsplay Royal Blue** and **Kidsplay Royal Green** zones.

The true symbol of relaxation remains the **Royal SPA**. Swimming pool, saunas, jacuzzi and steam bath create a space for regeneration of body and mind. In the oriental **ABU-DABI** zone in the Spa & Wellness Center, signature rituals, candlelit massages and treatments from **Pevonia**, **Academie** and **Repachage** brands complete the luxury experience by the Baltic Sea.

26 Wczasowa Street, 76-270 Ustka / tel.: 59 81 552 81, 59 81 552 82 / repcja@royal-baltic.pl / www.royal-baltic.pl

Accommodation

OF LOCAL TOURIST
ORGANIZATION
„USTKA I ZIEMIA SŁUPSKA

TOWN OF USTKA

Dialing code for Poland: +48

APARTMENTS, FLATS, VILLAS, GUEST ROOMS

RED Villa	Żeromskiego 1	500 590 590	www.villared.pl
WENEL Villa	Kościuszki 1	501 378 777	www.villawenel.pl
A'LA PERLA Guest Rooms	Perłowa 3	506 080 738	www.alaperla.pl
AMBER Guest Rooms	Krokusowa 26	696 476 245	
ANNA Guest Rooms	Wilcza 27	503 185 267	www.anna-ustka.eu
ARKADIA Guest Rooms	Sportowa 4	609 622 259	
ASTER Guest Rooms	Darłowska 5B	696 476 245	
BURSZTYNOWE Guest Rooms	Marynarki Polskiej 68	500 092 195	
CHATA RYBACKA SAULE Guest Rooms	Kaszubska 4	59 814 54 94, 660 722 722	www.saule.ustka.pl
DANUSIA Guest Rooms	Grunwaldzka 63	604 091 957	www.ustka-pokoje-danusi.p
DOMUS Guest Rooms	Marynarki Polskiej 66	59 814 71 80	www.idomus.pl
FALA Guest Rooms	Chopina 9 A	508 318 093	
FREGATA Guest Rooms	Chopina 10 A	512 279 595	www.fregata-ustka.pl
NA KOPERNIKA 6/2 Guest Rooms	Kopernika 6/2	784 224 623	
NATALKA Guest Rooms	Sprzymierzeńców 43	512 325 105	
NEMO Guest Rooms	Łąkowa 10	59 814 54 94, 660 722 722	www.przystannemo.nocowanie.pl
ORZECHOWA PRZYSTAŃ Guest Rooms	Krasickiego 11	784 927 434, 880 133 691	www.orzechowaprzystan.pl
PLUS Guest Rooms	Marynarki Polskiej 44	605 268 618, 603 977 498	www.pokojeplus.info
POGODA Guest Rooms	Sprzymierzeńców 13A	59 814 47 15, 608 415 701	www.ustka-pogoda.pl
PSZCZOŁKA Guest Rooms	Chabrowa 2	59 814 32 44, 606 456 155	www.facebook.com/PszczolkaUstka
PRZY ŻEGLARZY Guest Rooms	Żeglarzy 27	604 410 043	
RESIDENZ SELENA Guest Rooms	Kosynierów 23	696 799 950	www.selena.ustka.pl
U KRZYSIA Guest Rooms	Krasickiego 10	784 077 047	
BINGO Apartments	Armii Krajowej 36	502 592 876, 502 592 780	www.bingoustka.pl
RAMZES Guest Rooms	Armii Krajowej 73	505 480 300	
WILLA SŁOWACKIEGO Guest Rooms	Słowackiego 12	602 623 845, 600 261 651	www.willaslowackiego.pl

USTKA COMMUNE - PRZEWŁOKA

AGRO-GRUCHA Summer Cottages	Przewłoka 34, Przewłoka	602 679 244	www.agrogrucha.pl
DOMEK POD LIPĄ Summer Houses	Przewłoka 31	503 393 958, 501 806 735	
KRAINA BAŁTYKU Summer Houses	Słoneczna 19, Przewłoka	602 274 390, 602 772 575	fb

USTKA COMMUNE - WODNICA

ARKADIA Apartments	Ogrodowa 7, Wodnica	604 321 661, 608 779 554	www.ustkapokoje.com
A MORZE USTKA Summer Houses	Ogrodowa 1c, Wodnica	518 200 132	www.amorzeustka.pl

USTKA COMMUNE - DĘBINA

BALTI Summer Houses	Lipowa 2, Dębina	661 914 683	www.balti.pl
LIMAGRAF Summer Houses	Sosnowa 16, Dębina	606 223 929	www.limagraf.pl



Relax!

The "Fregata" guesthouse is located in a beautiful corner of Ustka, surrounded by peace and quiet, yet only 50 meters away from the vibrant seaside promenade. A strip of greenery separates it from the beach, stretching westward and embracing "Fregata" on two sides, making it the perfect base not only for lazy sunbathing but also for forest escapades—whether on foot or by bike.



FREGATA
NADMORSKA PRZYSTAŃ W USTCE

Chopina Street 10A
Right next to beach entrance no. 24

WERANDA

Eat!

Weranda Restaurant offers breakfasts and a variety of traditional lunch and dinner dishes. The owners put great effort into ensuring the quality of the meals. The dishes are prepared on-site using fresh ingredients, with great care taken to preserve the natural flavors of fish, meat, and vegetables.



USTKA

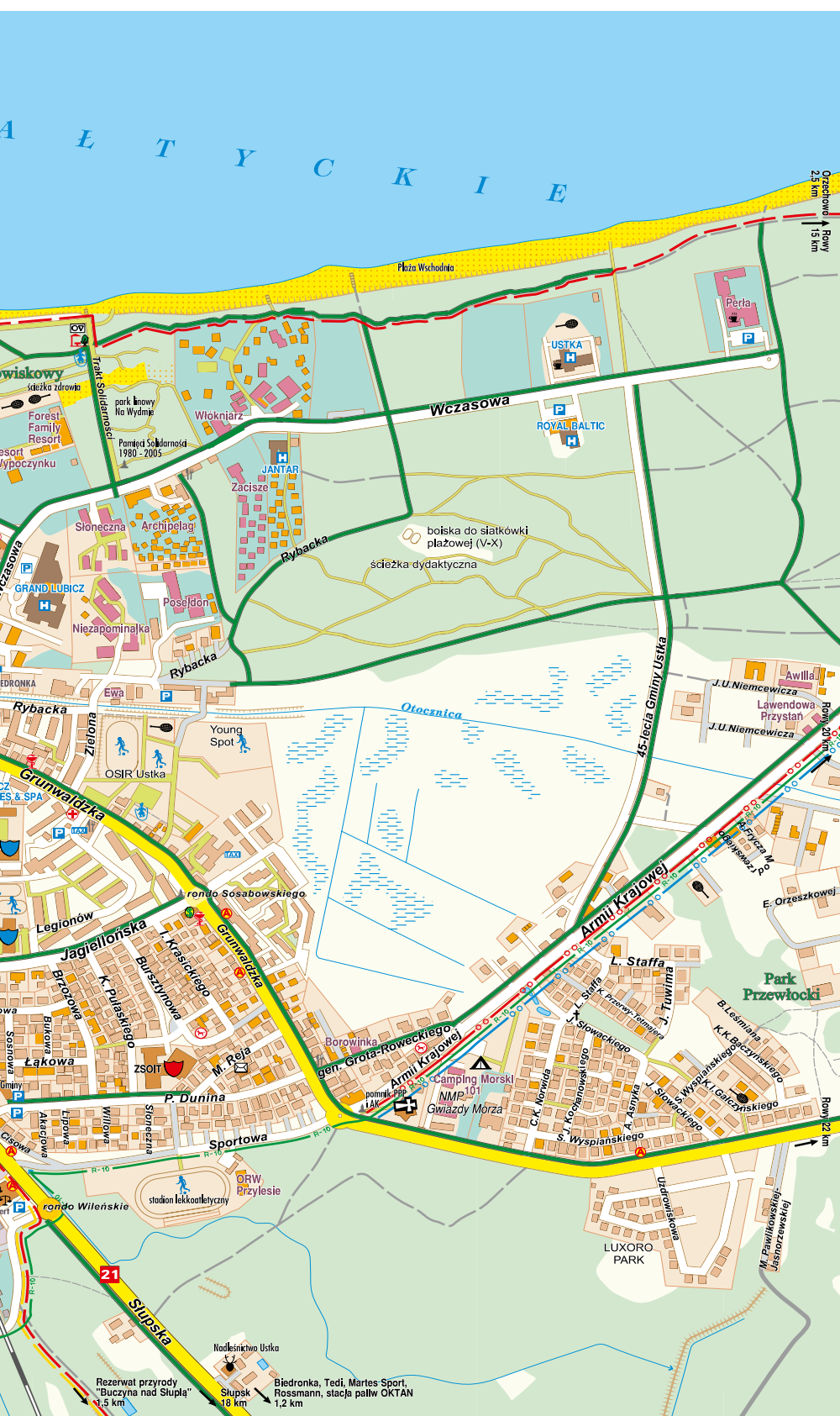
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M O R Z E B



LEGEND



- main roads, secondary roads
- dirt road, footpath
- promenade, stairs, bicycle routes
- railway and station
- church, chapel, cross, religious symbols
- filling station, service station, hostel, camping
- bus stop, car park, guarded car park
- hotels, guesthouses – holiday homes, rooms
- pharmacies, hospitals, health centers, vet
- cinemas, libraries, travel agencies
- playgrounds, schools, middle schools, school averages
- cultural institutions, post offices, monuments, natural monument
- taxi, police, forester's lodge
- tennis court, sports field, playgrounds
- cafe, restaurant, bank, shop
- swamp, spring, stream, swimming pool
- rivers, bridges, waterfalls
- buildings, distinctive buildings, industrial buildings
- forests, built-up areas, industrial areas
- towers, GSM towers, lighthouse, bunker
- city boundary
- marked hiking trails
- educational trail, bicycle trail
- harbour, sea both
- for bicycles rack, rental, service
- tourist information, museum/gallery, tourist attractions, toilet

Accommodation

OF LOCAL TOURIST
ORGANIZATION
USTKA I ZIEMIA SŁUPSKA

USTKA COMMUNE - PODDĄBIE

APARTMENTS, FLATS, VILLAS, GUEST ROOMS

APARTAMENTY BAŁTYK	Promenada Słońca 3, Poddąbie	663 999 125	www.baltykapartamenty.com
OŚRODEK REHABILITACYJNO-WCZASOWY SŁOWINIEC	Promenada Słońca 24, Poddąbie	517 117 770	www.slowiniec.com

USTKA COMMUNE - ROWY

KORMORAN WELLNESS MEDICAL SPA	Kościelna 16, Rowy	59 814 19 41, 668 286 802	www.kormoran-rowy.pl
OŚRODEK WYPOCZYNKOWY BRYZA	Bałtycka 8, Rowy	609 102 981, 609 571 614	www.bryzarowy.pl

USTKA COMMUNE - DUNINOWO, LĘDOWO

Agroturystyka Nad Morzem erylak.pl	Duninowo 76A	888 997 112	www.agroturystykanadmorzem.com
APARTAMENTY PARK	Lędowo 1A	607 634 616, 607 634 617	www.park-hotel.pl

SŁUPSKI POWIAT AND NEIGHBORHOOD

SŁUPSK	HOTEL ATENA	Kilińskiego 7	59 842 88 14, 535 721 700	www.hotelatena.slupsk.pl
ŻELAZO gm. SMOŁDZINO	BAZA POD LASEM	Żelazo 33	781 515 970	www.podlasem.org
STRZELINKO, gm. REDZIKOWO	DOLINA CHARLOTTY RESORT & SPA	Strzelinko 14	59 847 43 41	www.dolinacharlotty.pl
KRZEMIENICA, gm. REDZIKOWO	CHAŁUPA ZAGRODNIKA	Krzemienica 16	729 636 193, 797 099 711	
JAROSŁAWIEC gm. POSTOMINO	HEALTH RESORT & MEDICAL SPA PANORAMA MORSKA	Uzdrowskowa 15	94 348 29 97, 94 348 29 99	www.panorama-morska.pl

Worth a visit

Amber Museum
50 Marynarki Polskiej St.
phone +48 695 512 960
www.muzeumbursztynuustka.pl
01.07 - 31.08 open daily 10am-8pm
off-season - info available on the website

The Bread Museum
49 Marynarki Polskiej St.
01.04-15.09 Mon-Sat. 11am-5pm
16.9-31.03 Thu-Sat. 11am-5pm
fb. Muzeum-chleba-w-ustce

Mineralogical Museum
Limanowskiego St. by the Seaside
Promenade
phone +48 603 081 763
01.07.-31.08. 10am-8pm
01.04.-30.06 and 01.09.-31.10. 11am-5pm

Museum of Ustka Land
64 B Marynarki Polskiej St.
phone +48 59 814 33 02/+48 509 209 850

Ship Museum
32A Marynarki Polskiej St.
phone +48 609 853 364
www.muzeumstatkow.com.pl
opening hours available on the website

Blücher's Bunkers Museum
40 Bohaterów Westerplatte St.
phone +48 698 669 446, +48 664 316 703,
+48 602 158 736,
www.bunkryustka.pl
Open daily all year round,
01.07-31.08 at 9am-9pm
01.09-31.10 and 01.03.-30.06 at 10am-6pm
01.11-28.02 at 10am-4pm

Lighthouse
1 Marynarki Polskiej St.
phone +48 691 526 176
Creative Activity Center
Baltic Gallery of Contemporary Art
1a Zaruskiego St. phone +48 59 814 52 95
www.bgsw.pl. Open daily 10am-6pm

House of Culture and the Baltic Cultural Center
19 Kosynierów St.
phone +48 59 814 49 19, www.dk.ustka.pl
Mon.-Thu. 8am-8pm, Fri. 8am-6pm
Sat.-Sun. - as needed

City Library
22 Kopernika St. phone +48 59 814 60 83,
+48 502 028 942, www.biblioteka.ustka.pl
Mon. 10am-4pm, Tue.-Thu. 9am-5pm
Fri. 10am-6pm, Sat. 10am-2pm
July and August - closed on Saturdays


The Tea House Gallery
14 Marynarki Polskiej St.
phone +48 59 814 48 83
www.fb.com/galeriawiniarniaherbaciarniaUstka

Sand Gallery
9 Różana St., 76-107 Jarosławiec
phone +48 660 425 949



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Useful addresses in Ustka

TOURIST INFORMATION CENTER

71 Marynarki Polskiej St, phone +48 59 814 71 70
www.ustka.travel, www.facebook.com/LOT.Ustka

- 01.01 - 15.06 : 9.00 - 16.00, Mon-Sat
- 16.06 - 31.08 : 8.00 - 19.00, daily
- 01.09 - 31.12 : 9.00 - 16.00, Mon-Sat

SEASONAL POINTS OF TOURIST INFORMATION

- Bohaterów Westerplatte St, Western Port
- Railway Station, 1 Dworcowa St,

TOURIST INFORMATION CENTER OFFER:

- information on attractions, accommodation, gastronomy
- maps and guides
- rental of bicycles, car seats, trailers, and tourist equipment
- sale of souvenirs
- luggage storage
- a corner for a mother with a child
- sale of monthly tickets for PKS Słupsk
- photocopying assistance

INTEGRATIVE TRAFFIC INTERCHANGE

Railway Station, 1 Dworcowa St.
Working hours of the ticket office are adjusted to the train schedule.
- Polish State Railways infoline
phone +48 703 200 200

Bus station, 1 Dworcowa St.

- Municipal transport: LINE 1 and 2 - PKS Słupsk (PKS information: phone +48 22 322 22 22)
- Ustka - Słupsk:
Line no. 500 - Nord Express and Ramzes,
Line no. 200 and 310 - PKS Słupsk.
- Ustka - Rowy: Line 300 - PKS Słupsk

TOURS, COACHES

- En-Tour - organization of excursions to nearby tourist attractions phone +48 697 649 561
- PHU Pomerania, phone +48 696 723 251
- Alextour, phone 602 623 992
- Ecological passenger transportation (Eco-line), phone +48 668 088 744,

IN CASE OF AN ACCIDENT

EMERGENCY NUMBER: 112

- Police Station, 13 Grunwaldzka St,
phone +48 47 742 07 00 / 997

- State Fire Department, 1 Darłowska St,
phone +48 59 814 49 66 / 998

- Electricity Emergency Service, phone 991
- Municipal Guard, 3 Wyszyńskiego St,
phone +48 59 814 67 61, +48 697 696 498 / 986
- Volunteer Water Rescue Service Słupsk
- emergency phone +48 798 630 695

MARINE RESCUE STATION

16 Bohaterów Westerplatte St,
phone +48 59 814 45 51, +48 505 050 979

OFFICES

- City Hall, 3 Wyszyńskiego St,
phone +48 59 815 43 00
- Harbor Master's Office, 3 Marynarki Polskiej St,
phone +48 59 814 44 30
- Border Guard Post, 5 Marynarki Polskiej St,
phone +48 59 815 53 00

Post Offices:

- 47 Marynarki Polskiej St,
 - 22 Kopernika St,
 - 14 Wilcza St,
 - 5 Reja St,
- in the summer season additionally, postal agencies:
- Limanowskiego St, (Seaside Promenade)

FREE INTERNET

- Tourist Information Center 71 Marynarki Polskiej St, phone +48 59 814 71 70
- Municipal Library, 22 Kopernika St,
phone +48 59 814 60 83

FOREIGN CURRENCY EXCHANGE

- Marina Shopping Center, 17 Grunwaldzka St,
- Grand Lubicz Hotel, 4 Wczasowa St,
- Lubicz Wellnes&SPA Hotel, 14 Grunwaldzka St,
- Post Office, 47 Marynarki Polskiej St.

BANKS

- Santander Bank Polska S.A., 10A Krótka St.
68C Marynarki Polskiej St. - ATM only
- Millenium Bank, 10A Krótka St.
- SGB Cooperative Bank, 38 Marynarki Polskiej St,
and 17 Grunwaldzka St, ATM only
- Bank Pekao S.A - 22 Sprzymierzeńców St,
29 Marynarki Polskiej St. - ATM only
- Bank PKO BP - 22 Kopernika St.

HEALTH

- 24-hour medical care Saturday-Sunday and holidays and night care Monday-Friday 6pm-8am
12 Mickiewicza St, phone +48 59 815 42 28
- Emergency cases: Mon.-Fri. 8am-3:30pm

- phone + 48 59 815 42 30, 12 Mickiewicza St.
- PZU Health Medical Center - Outpatient clinic for adults, 18 Kopernika St, phone +48 59 814 60 11,
- Surgery and ophthalmology outpatient clinic
22 Kopernika St, phone +48 59 814 53 58
- Outpatient clinic for children
10-14 Leśna St, phone +48 59 814 47 43
- Counseling center for women
10-14 Leśna St, phone +48 814 53 59
- Military Specialist Clinic
54 Komandorska St, Lędowo
- registration, phone +48 261 231 239
- dentist, phone +48 261 231 476

HEALTHY BODY STUDIO STORE

16 Kopernika St, phone +48 59 814 49 58,
+48 602 738 092, www.lewandowicz.com.pl

PHARMACIES

- Panaceum Pharmacy, 18 Kopernika St,
phone +48 59 814 43 67
- Jantar Pharmacy, 27a Grunwaldzka St,
phone +48 59 814 46 72
- Centrum Leków Pharmacy, 26 Grunwaldzka St,
26, phone +48 692 761 116
- Remedium Pharmacy, 1b Wyszyńskiego St,
phone +48 59 814 69 69
- DOZ Pharmacy, 5 Żeromskiego St,
phone +48 800 110 110
- Pod Smokiem Pharmacy, 8 Kilińskiego St,
phone +48 59 814 53 95
- Z pasją Pharmacy, 2 Polna St,
phone +48 732 806 600
- Stokrotka Pharmacy, 7a Darłowska St,
phone +48 605 352 090
- Nadmorska Pharmacy, 31 Marynarki Polskiej St,
(open IV - X), phone +48 59 814 77 70

FOR PET OWNERS

- Veterinary Clinic for Small Animals,
10 Bursztynowa St, phone +48 59 814 46 70
www.wetrynarz.ustka.pl
- Tygrysek Veterinary Health Center, 5 Kościelna St,
phone +48 781 189 488
- Animal Protection Guard, phone +48 519 467 659

INFORMATION FOR SAILORS

In the Sea Port of Ustka there are designated harbour quays at which recreational and sports vessels may moor:

1. the Słupsk Quay, 120 metres long (eastern side Harbour Boulevard)
2. the Kolobrzeg Quay with a length of 100 m (eastern side of the Harbour Boulevard)
3. the Władysławowo Quay, 150 metres long (western side of the harbour)
4. the Sopot Quay 90 metres long (western side of the harbour - marina)

Drinking water intake is possible at Kolobrzeg and Sopot Quays after prior arrangement with marina employees.

Liquid waste collection is possible at Kolobrzeg Quay.

Electricity is taken from the electrical boxes placed on the quay after prior arrangement with the marina staff.

Water, electricity and sewage are charged according to the harbour tariff.

The staff of the marina operates daily from 8:00 a.m. to 9:00 p.m. (from 1 May to 30 September) from 08:00 a.m. to 08:00 p.m. Contact on the 12VHF channel and telephone +48 887 803 702.

FEE FOR SPORT AND RECREATIONAL VESSELS SUMMER SEASON 2026

TOTAL LENGTH OF SHIP [IN METRES]	PORT FEE [PLN] NET		
	DAILY	MONTHLY for resident vessels*	QUARTERLY for resident vessels*
Up to 6,99 and jetskis	70,00	500,00	800,00
7,00 to 9,99	90,00	700,00	1,000,00
10,00 to 11,99	100,00	800,00	1,300,00
12,00 to 14,99	110,00	900,00	1,600,00
15,00 to 16,99	140,00	1,100,00	2,000,00
≥ 17,00	280,00	1,400,00	2,400,00

* Non-resident units, stationed in Port of Ustka for a longer period, may apply for monthly or quarterly charges. For such units the rate of monthly and quarterly charges is increased by 100% in relation to the rate for resident units.

Daily rates include electricity, WC and shower and WIFI access. The daily rate is charged for each day started (calculated from 00:00 to 24:00), in advance for the declared duration of stay. In case of the prolonged parking time, further fees are also charged in advance. Catamarans and double-hulled vessels pay 1.5 times the basic rate.

Additional services provided to leisure units (gross):

- water intake - PLN 10.00/200 litres
- waste collection - PLN 30.00/cycle (Kolobrzeg Quay)
- laundry (according to a separate price list)
- shower (one time, not applicable for marina users) - PLN 20.00/person
- electricity on the port square - PLN 20.00 (per day) or PLN 5/1kWh when reading the consumption from the meter
- use of a pressure washer - PLN 200.00/tank
- non-contractual parking in the marina - PLN 400.00/day
- non-contractual parking of the vessel on the areas managed by the Port Authority in Ustka (on land and on water) - PLN 400.00/day
- Slipping of a vessel (fee for entering the port area and setting up a boat trailer) - PLN 40.00 one time, PLN 400.00 monthly subscription (contact port staff or bridge operator)
- parking of a boat trailer in the marina (one-time fee for the sailing season from April to October, paid in advance) - PLN 200.00/season.
- Parking for caravans/campers - PLN 150.00/day (price includes electricity and sanitary facilities).

CHARGE FOR WINTERING YACHTS IN THE HARBOUR AREA [PLN] NET

TOTAL LENGTH OF SHIP [IN METRES]	MONTHLY
	To 9,99
≥ 10,00	600,00

Hours of operation of the footbridge over the port channel in Ustka

Opening hours for pedestrian traffic:

From June 16 to August 31 from 07:00 am to 01:20 am

From September 1 to June 15 from 7:00 am to 8:20 pm

The footbridge is open to pedestrian traffic at every full hour for 20 minutes. The footbridge is not open when the wind speed exceeds 10 m/s



Ustka Seaport Authority Officer
Janusz Lemańczyk
phone: +48 885 515 415
VHF 12

Footbridge operators:
phone: +48 781 377 833
VHF 12

 PORT USTKA

Useful addresses in Ustka

MOTORIZATION

- Vulkanization, 36 Pulaski St, phone +48 501 620 539
- Auto Service Siwiński, 34 Krasickiego St, phone +48 59 814 52 33
- Vehicle Mechanics, 3 Rzemieślnicza St, phone +48 59 814 45 25,
- Electromechanics, Car Mechanics, 11 Westerplatte St, phone +48 604 081 755

FUEL STATIONS

- Orlen, 1 Grunwaldzka St. 6am-10pm (VII-VIII 24h)
- Oktan, Słupska St. 6am-22pm + car wash

TAXI

- Express Taxi, Grunwaldzka, phone +48 59 814 59 05, +48 882 900 950
- Non-stop Cab, phone +48 730 770 718, +48 59 814 65 27
- Cab Nord, phone +48 692 618 411, +48 59 814 31 43
- Cab Rondo Plac Dąbrowskiego, phone +48 59 814 46 16
- Cab Ustka, phone +48 59 814 44 63
- Cab Ustka (from 4-8 people), phone +48 882 900 950
- Cab Ustka no 19, phone +48 881 618 680
- Cab Ustka no 74, phone +48 604 818 804
- Tele Taxi, phone +48 59 814 67 77
- City Taxi (only on the Ustka-Słupsk route), phone +48 59 19 666, +48 600 879 627, +48 603 889 629

PARKINGS

- Paid parking zone (from June 15 to September 15, Mon-Sun: 9am-9pm) also on holidays, Office, 12 Slawianska St, phone +48 882 138 210
Current information on the streets covered by the zone at www.ustka.pl)
- Free parking lots:
 - 8 Słupska St,
 - 6 Rybacka St,
- Paid parking lots (during the summer season)
- Parking lot at the Bunkers, 9am-9pm,
- Beach parking lot (supervised - cameras), 24/7

- parking lot at 7 Kopernika St.
- Portowa St

BICYCLE RENTALS

- Tourist Information Center, 71 Marynarki Polskiej St, Dworcowa 1, phone +48 59 814 71 70
- Kawisbike store, (+service) 7a Darłowska St, entrance behind Stokrotka Pharmacy, phone +48 796 556 620
- Blücher's Bunkers, Westerplatte St, Western Ustka, phone +48 797 384 357, +48 664 316 703

POOLS

- Grand Lubicz Hotel, 4 Wczasowa St, phone +48 59 841 82 60
- Lubicz Wellness & SPA Hotel, 14 Grunwaldzka St, phone +48 59 814 31 02
- Jantar Hotel, 14 Wczasowa St, phone +48 59 814 40 93

WATER PARKS near Ustka

- Trzy Fale, 8a Grunwaldzka St, Słupsk, phone +48 887 808 822,
- Redzikowo Water Park, 16b Redzikowo, near Słupsk, phone +48 59 841 25 55,
- Panorama Morska, 9 Bałtycka St, Jarosławiec, phone +48 94 34 82 999

TOURIST CRUISES ON THE BALTIC SEA

- Ships Dragon, Unicus, Ustka Tour s.c., 13b Koscielniaka St, phone +48 698 523 694, www.galeony.pl
- Erybak - year-round sailing cruises and cruises to Bornholm phone +48 888 997 112, www.erybak.pl

WATER SPORTS

- Na-kajakach.pl canoe rental company, phone +48 664 349 001, www.na-kajakach.pl
- Canoeing on the Słupia River, 5 Wczasowa St., Bydlińno near Ustka, phone +48 723 968 072, +48 691 380 262, www.splywykajakowe.tp2.pl

- AQUATOM - Speedboat cruises, Port of Ustka, phone +48 790 401 209 (during the summer season)
- Opty Ustka Water Sports Center, 19B Westerplatte St, Western Port www.optyustka.pl

ATTRACTIONS FOR CHILDREN

- rides on the Fairy Tale Train around Ustka
- EURO-JUMPING, phone +48 501 842 555 (summer season)

ROPE PARK

- On the dune, Wczasowa St, By the Solidarity Route, phone +48 695 444 219 (summer season)

PLAYING FIELD COMPLEX, TENNIS COURT, GYM, PLAYGROUND

- Sports and Development Center, 35 Grunwaldzka Street, phone +48 59 814 55 86

TENNIS COURTS, GYMS

- Forest Family Resort, 19 Kościuski St, phone +48 59 815 23 00
- Hotel Ustka, 25 Wczasowa St, phone +48 59 814 40 84
- Grand Lubicz Hotel, 4 Wczasowa St, phone +48 59 841 82 00
- Rondo-Galaxy Gym, 18 Jagiellońska St, phone +48 602 337 994,
- Heros recreation and rehabilitation studio, 2 Kościuski St, phone +48 609 485 172

SQUASH COURTS, CUBE COURT BALL, FITNESS ROOM, BOWLING ALLEY

- Grand Lubicz Hotel, 4 Wczasowa St, phone +48 59 841 82 00, www.grandlubicz.pl

ATHLETICS STADIUM

- Municipal Stadium OSiR Ustka 17 Sportowa St., phone +48 59 814 55 86

A GUIDED TOUR AROUND USTKA

Wednesdays, Saturdays
04:00 p.m.

One hour tour with a guide!

Get to know the history of Ustka and its attractions, including a visit to the west side of the city!

Departure every Wednesday and Saturday at 04:00 p.m., bus stop at Marynarki Polskiej Street

TICKETS SALE POINT:

Tourism Information Centre, Ustka,
Marynarki Polskiej 71
(From 1st of July to 22nd of August)

Ticket price - 15 PLN,
children aged 3-7 years discounted ticket - 12 PLN



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Lokalna Organizacja Turystyczna

USTKA.travel phone +48 59 814 71 70



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"Złoty Podkowa"

Nadsejnictwo Ustka



Attractions

for Youngest Visitors

Coming to the seaside with children, you certainly anticipate spending time mainly on the beach. Playing on the sand and in the water is very much liked by children. In addition, during summer, there are attractions on the beach, such as bouncy castles, slides, and trampolines. But what to do during less beach-like weather? Ustka and the surrounding area offer the youngest children, among other things, numerous playgrounds with many attractions. They can be found, among others, in the Spa Park by the Solidarity Route, on Freedom Square, on Grunwaldzka Street, in western Ustka by the Koscielniaka Estate, and on Polna Street. In addition to a new, large playground, the Sports and Development Center (PL: OSiR) has sports fields and tennis courts. During the summer vacation, various sports activities for children and young people are held there.

For slightly older children and youngsters, starting in June and throughout the summer months, the ideal place to spend time actively will be the rope park On a Dune (PL: Na Wydmie), with three different levels of advancement, including a children's route. Games and activities - not just sports - are periodically organized for children and young people during the summer. The House of Culture (PL: Dom Kultury) organizes various art, music, and dance activities for children. Information on current events is always available on posters or at the Tourist Information Center. The City Library, in turn, invites children to the lending library for holiday reading; the Board Games Enthusiasts' Club Planszoluby offers the whole family the opportunity to spend time among a rich collection of games.

On the eastern beach, right across from the Irena Kwiatkowska bench, you'll find beach volleyball courts specially desi-

gned with children in mind. It's a fantastic attraction for kids and teenagers who enjoy sports and playing in the sand. Don't forget to bring a ball - it's a great way to spend active, fun-filled time by the sea!

At the Family Forest Resort, located at 19 Kościuszki Street, a new family-friendly café club called Funlandia has just opened. Designed especially for families with children, it features a large indoor play area, outdoor playgrounds, and a massive sandbox for the little ones. It's a place where you can enjoy tasty food, sip a good coffee, and have loads of fun - no matter the weather!

Attractions for children, the slightly older ones, are offered by the History and Entertainment Park, the Blücher Bunkers. In addition to exploring the underground multimedia gallery, you can play field games, search for treasure or shoot on the shooting ranges under the guidance of an instructor. There are also attractions for groups and tours of the most interesting nooks and crannies of Ustka and the surrounding area. During the holiday season, animators prepare a number of games and activities for youngsters.

For the youngest children, a ride on the colorful Fairy Tale Train through the streets of Ustka will undoubtedly be a great experience. It departs from the port a quarter past every full hour starting from 10:15 am. If the beach weather fails, children can splash in the pools at the hotels: Grand Lubicz, Lubicz Wellness&SPA, and Jantar. Outside Ustka, there are also Water Parks: Trzy Fale in Slupsk, Redzikowo near Slupsk, and Panorama Morska in Jaroslawiec. In addition, the Grand Lubicz Hotel also has an open playroom where toddlers can actively spend time when the weather outside doesn't allow high jinks.

The Children's Homestead at the Museum of Pomeranian Folk Culture in Sw-

lowo (17km) offers children an exciting way to spend their time on summer Sundays. These are educational and artistic meetings with crafts, folklore, theater, and singing.

Many attractions await little tourists also in the Charlotta Valley (12km), including the Fairy Tale Land, the Water Safari, the Charlotta Zoo, and the Sealarium. This massive complex of the extraordinary Valley will delight even the most demanding tourists. When planning your trip, it's worth checking the feeding times of the seals, who play a real show while eating.

For small lovers of horseback rides, we recommend spending time in Zelazo near Smoldzinski Las (33km), where Baza Pod Lasem offers horseback riding for beginners and advanced riders. A slightly further eastern suggestion is the Pod Bocianim Gniazdem Palace in Runowo. The resort provides huge recreational areas for children and adults, and thus the opportunity for active family recreation, including in the saddle. The world of horses in the beautiful scenery of Kashubia, equestrian sections, and schools are definitely a good idea for summer recreation!

In turn, during the winter holidays, children can use the ice rink in the hall in Redzikowo near Slupsk.

FAMILY restaurant



Kościuszki 19 st, Ustka -> Forest restaurant

ANIMATION DURING MEALS

PLAYGROUND WITH TYROLEAN ZIP LINE

KIDS MENU

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Jungle gym
for kids 5+



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In the neighbourhood of the Central Air Force Training Ground in Ustka.

The part of the Polish coast, west of the city of Ustka and partly within the borders of the Ustka Commune, is one of the military training grounds called the Central Air Force Training Ground (Centralny Poligon Sił Powietrznych, CPSP).

The CPSP due to the specificity of its tasks (such as securing rocket and artillery shooting, training of air force units and other types of troops) operates by using three different types of armed forces: land, sea and air. Having in mind the social good and good-neighbourly relations the CPSP for many years has been cooperating with the City and Commune Council of Ustka, which influences the understanding of tasks performed by the CPSP for the Polish Armed Forces. Cooperation with the local government, due to the proximity of the training ground, but also due to its role in securing the training and exercises, also in international matter, is part of the promotion of the region - the city of Ustka and the Commune of Ustka.

Bearing in mind good neighbourly relations and, above all, concern for the safety of the residents living nearby the training ground in Ustka, as well as nature lovers, mushroom pickers, anglers, tourists and thrill seekers, we present several extremely

important issues.

Ladies and Gentlemen, the Central Air Force Training Ground is a place of military training and exercises, where specific rules of stay and safety are in usage!

- The training ground is a closed area of the Ministry of Defence.
- It is strictly forbidden for anyone who does not have any proper authorization to move around the area.
- The training ground authorities does not issue any permits for one-time passages or bicycle riders to go through the training ground.
- Unauthorised entry into the training ground is punishable by, among others, a fine!
- It is forbidden to record any images, videos or sounds while being on the training ground.

The Central Air Force Training Ground is not a hiking trail!

There are no marked bicycle paths or hiking/educational trails within the borders of the training ground and all forms of recreation or tourism (including urban exploration or any will of seeing "soldiers in action") are strictly forbidden. Movement of military vehicles and military columns, activities with the use of ammunition and explosives, as well as the possibility of the occurrence of explosive and dangerous objects on the training ground pose a threat to the life and health of any person who is unauthorised on the training ground.

Ladies and Gentlemen!

If you are interested in what is happening at the training ground we invite you to visit the website of the Central Air Force Training Ground csp.wp.mil.pl where you can find reliable information about that place, including safety rules, as well as all forms of contact to persons who will provide the necessary information.

In conclusion, we kindly ask you to obey the signs informing about the ban on entering, and restrictions resulting from the operation of the training ground.





Welcome to the Ustka Commune

– a place where nature meets the sea

The Ustka Commune is a unique corner of Pomerania, nestled on the central Baltic coast, where the Słupia and Łupawa rivers flow into the sea. Known for its breathtaking landscapes and health-boosting climate, it's the perfect destination for those seeking relaxation close to nature.

To the east, the commune borders the pristine Słowiński National Park, while to the south it adjoins the scenic Słupia Valley Landscape Park. At the heart of the commune lies the City of Ustka – an independent administrative unit – surrounded by charming seaside resorts.

The eastern part of the commune enchants with its cliff-lined coast and lush beech, pine, and mixed forests. In contrast, the western part features picturesque wetlands and wide, sandy beaches – some of which lie within the Central Air Force Training Ground.

Among the region's most popular holiday destinations are Rowy, Poddąbie, Dębina, Orzechowo, and

DNI GMINY USTKA

50-lecie Gminy

26.06 – 27.06.2026 r.

WODNICA

USTKA MUNICIPALITY DAYS
50th Anniversary of the Municipality
26.06 – 27.06.2026 | WODNICA

USTKA MUNICIPALITY DAYS - 50th is a special celebration on the occasion of the 50th anniversary of the Municipality, which will take place on 26–27 June in Wodnica.

Participants can expect a range of attractions, including a gastronomic zone, animations and activities for children, artistic performances, and evening stars: the bands Masters, Universe, and Nowator.

ustka.ug.gov.pl | facebook.com/GminaUstka

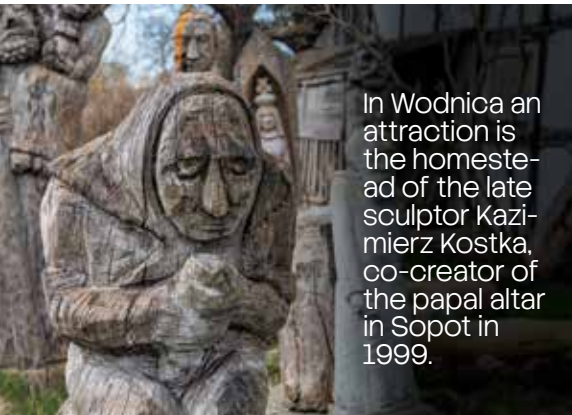
Przewłoka – each offering its own unique charm, warm hospitality, and unforgettable coastal views.

1. Przewłoka

On the western side Ustka borders its closest neighbor, namely the village of Przewłoka. Przewłoka itself has a very rich and long history. In the 1970s, a cemetery of pre-historic Pomeranian people was discovered here, the origin of which dates back to 2,500 years ago!

2. Wodnica

Wodnica is a picturesque suburban village located 4 km from the sea on the Slupia River. The vicinity of the river provides a launching point for canoeing. The river in this section flows lazily and peacefully, creating numerous bends. Agro-tourism is thriving in Wodnica, and organic farming and processing are also developing, with examples including a winery and apiary. An attraction is the homestead of the late sculptor Kazimierz Kostka, co-creator of the papal altar in Sopot in 1999.



In Wodnica an attraction is the homestead of the late sculptor Kazimierz Kostka, co-creator of the papal altar in Sopot in 1999.

3. Orzechowo

To the east of Ustka lies the quaint village of Orzechowo, cut off from the sea by cliffs, which is considered by many to be a pearl of the Polish coast. Although one can get to Orzechowo by walking along the beach from Ustka in an easterly direction, it is also possible to get there by car or by bike, which is sure to please cycling enthusiasts. Stunning cliffs and a beech forest make Orzechowo an ideal place to take some souvenir photos from your holidays by the Baltic Sea. While in the village, it is recommended to solve the mystery of the

over 40-metre-high tower located near the "Leśnik" centre. Outside the tourist season, the tower has a fire-fighting function and is used by foresters to observe the area. In the summer season, it is open to tourists as a lookout point. Although to get to the top of the 48-metre-high tower one has to overcome a large number of steps, the effort is richly rewarded with views from the viewing platform. In good weather one can even see the sacred mountain of the Slovincians – Rowokół, as well as the city of Słupsk. In



the village there is also an educational trail called the "Orzechowska dune" trail. Wandering along this trail, especially with children, is a fantastic idea for active leisure, as well as a vivid lesson on the fauna and flora of the region. In 2022, the beach and cliffs of Orzechowo served as the location for the film 'Rój', directed by Bartek Bala and starring Roma Gąsiorowska and Eryk Lubos.

4. Wytowno

The small village of Wytowno is situated three kilometres east of Orzechowo. In the tiny village, a church, mentioned in documents from 1482, deserves special attention. After almost 400 years the tower and



the nave underwent a thorough restoration. This place of worship is the parish church of the Roman Catholic parish of St. Francis of Assisi.

5. Poddąbie

Halfway between Ustka and Rowy, there is a village once called Nowy Strąd. The name was derived from the German word "Strand" meaning beach. Currently, the place is called Poddąbie, which alludes to the remains of the earlier medieval settlement of Poddamp, which were razed to the ground after a strong storm in 1914. Historically, though, Poddąbie is a relatively young village, founded by King Frederick the Great only in the second half of the 18th century! In Poddąbie, there is a bicycle station waiting for those who travel by bicycle, which is a great technical base, as well as a place to rest during one's journey through Ustka Municipality. Fans of the street art will be pleased to see, the only one of its kind in the municipality of Ustka, a mural by local painter





ter Ewa Gruzewska, located on the wall of the 'Karczma u Julki'.

6. Machowinko

Located near Wyszkowa Góra, Machowinko was mentioned in 1506, 1547 and 1568 in fief letters to the von Ramel family. It boasts a monumental manor house from the second half of the 19th century and a park complex surrounding the manor. Historically, the building was the property of a Prussian Junkers family, like many other buildings of this type in central Pomerania. The protestant cemetery has also been preserved in a very good condition, and where the first graves are as old as the town itself.

7. Bałamałek

In the eastern part of the Ustka Municipality, surrounded by green forests and meadows lies the small village of Bałamałek. The topographic name from the term bałamałek is balamont, which in turn means a crybaby, a chatterbox. Historically, known as Alte Mühle, Bałamałek owes its name to an old stone mill. The village is connected to a legend about a miserly miller who owned a long forgotten mill on a river flowing through the village to a lake. The richer the miller became, the more miserly he got. He threw out any beggar who came near the mill and chased him off with barking dogs. One day, a poor mother came and asked for alms. The miller, however, did not give in and when the woman continued to beg, he kicked and knocked her to the ground. The old woman cast a terrible curse on the miller: namely, that he should be lost along with all his wealth and possessions. She had barely uttered the curse when the beautiful mill turned into a pile of stones, the remains of which still lie in the river. The story is told that on nights when there is a full moon, the outline of the mill sometimes emerges from the mist, but as soon as one comes closer it disappears. After the mill was demolished,

the stones were used as building material for a church in the nearby village of Rowy.

8. Objazda

Four kilometres from the shores of the Baltic Sea and Lake Gardno lies an old Słowinian village – Objazda. It is known in the region as a place where one of the oldest wattle and daub churches in Middle Pomerania can be found. It was founded by an heir of Objazda in 1606, and its patron saint is currently Our Lady of Częstochowa. A great asset of the church complex is the manor park, which stretches around the building, and a characteristic feature is the baroque helmet of the tower. In 1282 the Duke of Gdansk, Mściwój II, donated Objazda to the Norbertine monastery in Białobok. After the Reformation, it became a knight's village. In 1523 it was owned by the knight Bartłomiej Czarnowo, also spelled as von Zamów, then by the Natzmer and Bandemer knights, and finally by the burgher Kutschers. The old manor house burnt down on 3 November 1882. The existing one was built between 1895 and 1897. The village once had two windmills and a distil-



lery, which has now been converted into stylish flats with a café.

9. Dębina

The highest and most beautiful cliffs are the pride of another village in Ustka Municipality, namely Dębina. The amazing cliff landscape is best admired from the beach, which cuts the cliff off from the

The amazing cliff landscape is best admired from the beach, which cuts the cliff off from the sea shore.





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sea shore. The village, due to its characteristic topography, is an ideal place from which many paragliders start their sky-bound adventures. With a bit of luck, tourists can sometimes spot them flying over the Baltic coast. Dębina is a kind of treasury of the region's history. This is where one of the largest glassworks in northern Poland operated for more than 30 years, which is why one can still find dark green lumps of glass covered with fresh soil in Debina. In communist times, a top-secret coastal missile unit was still operating in the town, the only remnants of which are the deteriorating military facilities located on a high cliff. Nowadays, the village is eagerly visited by Polish and foreign tourists mainly due to its unique character, along with the peace and quiet and closeness to nature it offers.

10. ROWY

Rowy is one of the most popular Polish seaside resorts, where, during the summer season, life is vibrant at any time of day or night. In Rowy the Lupawa River flows into the Baltic Sea, creating a small but atmospheric fishing harbour, on the banks of which thro-



ughout the year one can meet anglers waiting to obtain a rich catch. One of the oldest buildings in the village is an old Neo-Romanesque church, built of hewn stones, whose history dates back 180 years. The church is associated with a very vivid legend that the devil, wanting to prevent the construction of the church,

abandoned one of the stones on the way to Rowy. The stone differs from the others with its dark colour and warns fishermen against severe weather by getting wet despite the lack of rain. Contemporary Rowy was built largely after 1945. Next to the church, the oldest building in the village is the former coastal re-

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scue station, nowadays used as a healthcare facility of the water resort. An interesting fact about Rowy is that a large part of the beach to the east of the village – already within the Słowiński National Park – is favoured by naturists who come to Rowy from all over Poland and the rest of Europe.

11. The Rolled Track Trail and the Coastal Trail

Hiking and biking enthusiasts will find this area a true paradise. The Red Coastal Trail is one of the most popular hiking trails in Poland, running along the Baltic Sea coast. It is part of the European walking route E9, which stretches from Spain to Estonia. In the Ustka municipality, this trail runs through picturesque areas, connecting many charming places, starting from Starkowo towards Ustka and from Ustka to Rowy. The 17-kilometer section from Ustka to Rowy is particularly attractive, as it coincides with the pilgrimage route of the Way of St. James (Camino de Santiago). The entire trail leads through beautiful coastal forests, offering views of the Baltic Sea. The area also features numerous cycling and running paths, which are an additional attraction for tourists. On this section, the trail crosses three coastal towns: Orzechowo, Poddąbie, and Dębina (described above). Due to its proximity to the beach and sea, it is often chosen as a “cycling chal-



lenge” and tackled by the most persistent riders on two wheels. However, the views it guarantees are a sufficient reward for the endurance required! The Red Coastal Trail in the Ustka municipality is an excellent option for tourists who want to combine relaxation by the Baltic Sea with active leisure. This trail offers many opportunities for hiking, cycling, running, and exploring interesting places.

Biking enthusiasts will certainly choose the so-called Rolled Track Trail between Ustka and Rowy. A part of it runs along a former railway embankment. For 20 kilometers, it leads through coastal forest areas and between cultivated fields and meadows. The historical railway line Ustka - Dominek was built in 1913. It connected Ustka with the nearby junction station Gąbino, where one





which runs around the Baltic Sea basin for over 8.5 thousand kilometers.

12. Machowino (lavender fields)

Ustka Municipality is a place where the number of farms and businesses cultivating eco-friendly trends is growing at a dizzying pace, along with the idea of environmental protection. One such farm is Lawendowy Zakątek (Lavender Corner), a place located in Machowino, on the southern border of Ustka Municipality. Here, unique food products, cosmetics, decorations and jewellery

could transfer to local trains going to Słupsk or Smołdzino and Gardna Wielka. During the interwar period, both freight and passenger traffic operated on this route. According to the timetable of the 1930s, 10 trains departed daily from Ustka to Dominek. After the end of hostilities in 1945, the line continued to operate for several months, mainly by the Russians transporting „war trophies” from the surrounding estates and villages. There was also passenger traffic, and one train crashed in the summer of 1945. In the autumn of 1945, the Ustka - Dominek railway line, along with the Słupsk-Smołdzino-Główny railway line, was dismantled, and the materials were taken to the Soviet Union. The trail created on this site is one of the most famous cycling routes in our region. The route is suitable for bike tours, and its difficulty level should not pose a problem for children, seniors, or amateurs just starting their cycling adventure. The „Rolled Track Trail” is part of the international cycling route EuroVelo 10,



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are hand made from lavender. Among the products offered by the owners of the farm shop, it is worth mentioning the lavender and lime syrup, cakes with lavender, tinctures or soaps containing this fragrant flower. In a picturesque setting of purple fields, as well as accommodation in charming lavender cottages. Apart from craft activities, the owners of Lavender Corner offer lavender workshops and photo sessions in the picturesque surroundings of local purple fields.

Fly in Ustka Commune

The Stowiński Paragliding Club operates in the Ustka Commune, organizing paragliding events and flights, as well as running

the SKP Machowinko paramotor take-off site – a professional area with a well-prepared grassy surface, ideal for powered paragliders and paratrikes. Thanks to favorable weather conditions, flying is possible here all year round, making Dębina and Rowy some of the top paragliding destinations in Poland!

Never flown before? Tandem flights are a fantastic tourist attraction! Under the supervision of an experienced pilot, you can take to the skies and experience an unforgettable thrill. Unlike many other places in Poland, where the paragliding season is short, in Dębina and the surrounding area you can fly year-round! Thanks to sea breezes and stable atmospheric conditions, the paragliding fun doesn't end with summer. Even in autumn and winter, you can enjoy flights and admire the coastal landscapes from a whole new perspective.

More information:
www.slowinskiklubparalotniowy.pl



Useful addresses for the municipality of Ustka

TOURIST INFORMATION POINT

Rowy, 17 Nadmorska St, open in July and August 10am-6pm, phone +48 59 814 18 18

OFFICES

- Ustka Commune Office, 24 Dunina St, Ustka, phone +48 59 814 60 44
- Ustka Commune Guard, 24 Dunina St, Ustka, phone +48 59 815 24 60, +48 59 815 24 62 patrol in the field, phone +48 518 530 580
In very urgent interventions outside working hours of the Commune Guard - Police Station in Ustka, phone +48 47 742 07 00 or 997
- Volunteer Water Rescue Service phone +48 58 888 23 69 or +48 58 888 22 90
- Post Office Branch Rowy, 4 Bałtycka St,

HEALTH

- Zaleskie Health Centre, Zaleskie 8, phone +48 59 814 13 33
- Pharmacy Point, Objazda 12, Mon-Fri 9am-2pm, phone +48 59 843 96 78
- Pharmacy point, 7 Nadmorska St, Rowy, open daily (May-September), phone +48 577 500 133
- Military Specialist Clinic in Łędowo, 54 Komandorska St, Łędowo, phone +48 261 231 239

MUSEUMS

- Branch of the Slovinski National Park Museum in Rowy, 1 Parkowa St, Rowy, phone +48 58 500 85 07 (Education Department), www.spn.gov.pl, from 01.07-31.08
- Herring Museum - Starkowo 13, near Ustka

LIBRARIES AND CULTURAL CENTRES

- Cultural Centre of the Municipality of Ustka, 3B Darłowska St, Ustka, phone +48 515 135 677, www.ckgminaustka.pl
- Municipal Public Library, Objazda 77 and Branch Library, Duninowo 27
- Library points in Rowy, Charnowo, Wytowno and Zaleskie.

REGIONAL HANDICRAFT AND PAINTING

- Chata Żywej Gliny (ceramic studio), Pęplino 43c, phone +48 606 747 787
Ewa Grużewska, Starkowo 9, phone +48 603 633 625
- Krystyna Czucha, Machowino 41, phone +48 602 274 563
- Anna and Andrzej Mazur - painting and sculpture, Wytowno 53A, phone +48 501 270 190

WATER SPORTS

- na-kajakach.pl, 3B Darłowska St. Ustka, phone +48 664 349 001, www.na-kajakach.pl
- Water Equipment Rental, Rybacka St near the bridge, Rowy, July-August, phone +48 579 991 977

HORSE RIDING

- Anka Riding Centre, Przewłoka 3, phone +48 509 560 088, www.stajnia-anka.pl.
- Sento Stables, Duninówko 20 near Ustka, phone +48 697 804 093

REGIONAL FLAVOURS:

- Veneda Winery, Wodnica 67A near Ustka, phone +48 666 337 507
- Fishparty Manufactory of herring snacks Niestkowo 14, near Ustka phone: +48 723 287 872

PLACES WORTH VISITING:

- Megalandia - 8 Ustecka St., Przewłoka, www.megalandia.pl
- Lavender Fields - Machowino 45A, near Ustka, Phone: +48 668 030 175
- Herring Museum - Starkowo 13, near Ustka
- Old Distillery - 14B Tulipanowa St., Objazda

Smółdzino Municipality

The Baltic Sea for insiders

Smoldzino Municipality delights you with a wonderful, natural environment unspoilt by industry, offering tourists all of Poland in a nutshell. Only here can one admire the sea, lakes, rivers, mountains, lowlands and so-called “shifting sand dunes” unique in Europe, all of which create a picturesque landscape. The sparsely populated area of the municipality allows its visitors to enjoy clean air and exceptional tranquillity. It is here where the white-tailed eagle nests, seals rest on the beach and the sea trout reigns in the River Łupawa.

1. Słowiński National Park

The Slowincians, from whom the park takes its name, were descendants of the Slavic Pomeranians who settled here at least from the early Middle Ages. Until the end of the 19th century they preserved their Slavic language, which sounded like 14th-century Polish. Indeed, from 1850 on, Russian, German and Polish ethnographers came here to study their language and customs. At present, the Słowiński National Park is one of the most important and valuable tourist attractions of the Słupsk region. Located on the central coast – between Rowy and Leba – the park was established in 1967, becoming one of UNESCO’s biosphere reserves ten years later. The lion’s share of the park’s area is made

up of coastal lakes, the largest of which are Lake Gardno and Lake Łebsko (the latter is also the third largest lake in our country). The characteristic form of terrain in the park are the largest shifting sand dunes in Poland, the highest of which are located on the Łebsko Spit. What is interesting about them is their monumental height, sometimes exceeding 30 m above sea level, and the fact that, due to the seaside winds, the dunes move with the speed of 3 to 10 metres per year. The park’s flora comprises around 850 species, of which 50 are designated protected species. The most interesting plant communities include vast peat bogs of a high and transitional type, as well as low peat bogs and meadows. The dominant group of vertebrates in the park are

birds, of which 257 species have been found, including 150 breeding species. The abundance of avifauna is caused by the diversity of natural environments and the location of the park on their spring and autumn migration routes. Therefore, the Słowiński National Park is an ideal place to take a few souvenir photos during your seaside holiday.

2. Holy Mount of Rowokół

One of the three mountains in Pomerania, Rowokół is situated near Smoldzino, with a height of 115 m above sea level. The hill was a place of religious practices of both pagans and Christians. There was a much frequented pilgrims’ chapel here dedicated to St. Nicholas – the patron saint of sailors and from which light signals for sailors were sent out. During the 16th century the chapel ceased to exist, as it was demolished around 1530 by the inhabitants. Also of interest is the history of the Slowincians, who – according to some historians – did not exist at all, and the name Slowincians was only given to people living in this area. According to some stories, they experienced incredible tragedy – although they were persecuted by the Germans for maintaining their Polishness, after World War II the authorities of communist Poland treated them as Germans. All this makes this region one of the most interesting not only in Poland, but also in Europe.

3. The Museum of Słowińska Village - Open Air Museum in Kluki

Since 1963 three old homesteads of wattle and daub construction formed the beginnings of the Słowińska Village Museum. Currently, this open-air museum has about 20 buildings or structures, including seven cottages, two barns, two bread ovens, a boat store and a fishing shed with equipment. Museum staff preserve the memory of everyday life, customs and fate of this ethnic group. Every year in Kluki the “Black Wedding” takes place, which marks the beginning of the tourist season. The event associated with the tradition of peat harvesting is combined with demonstrations of bread baking, basket weaving, sewing and repairing fishing nets. Embroideries, sculptures, glass paintings, and



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the like, are presented at this time. It is then that one can see with their own eyes how the Slovincians lived every day.

4. Museum of Słowiński National Park in Czołpino

Until recently located in Smołdzino, this museum is now open for tourists in Czołpino in the Lighthouse Keepers' Settlement, an historic complex of buildings dating back to the end of the 19th century, which served as living quarters for lighthouse keepers working on the nearby lighthouse, along with their families. The exhibitions offered by the museum are divided into three floors open to the public, and additionally divided into several different subjects: the history of the creation of the Słowiński National Park and the attributes of its natural environment, navigation, lighthouses and maritime rescue. The museum enjoys great interest mainly due to the state-of-the-art technologies employed during your visit. These include Virtual Reality (VR), a hologram, a 3D film, along with an interactive floor. As a result, it is visited with interest not only by adults, but also by children and young people.

5. Lighthouse in Czołpino

Czołpino lighthouse is situated 1,000 metres from the shore, in the very heart of Słowiński National Park. It rises to a height of 25 metres on a beautiful wooded dune (55 metres above sea level). The picturesque lighthouse is distinguished by its distant location from human settlements, and was built during the period 1872-1875 using red brick. Formerly, the lighthouse had an oil-burning lamp, which was even-



tually replaced by one of the largest, cylindrical lenses and an electric bulb. From the lighthouse, one can admire the nature of Słowiński National Park, the shifting sand dunes and lakes Łebsko and Gardno.

6. Holy Trinity Parish Church in Smołdzino

The church in Smołdzino was renovated in 1632 on the initiative of Duchess Anna von Croy and is associated with Pastor Michał Mostnik (Pontanus), whose grave has never been found. According to some researchers, he may have been buried in Smołdzino, with which he was connected for many years and where he wrote religious books in the Slovincian language. The discovery of Pontanus' grave would indeed be a great event. The church in Smołdzino holds relics of St. Katus and St. Emilius, Christian martyrs who lived in the 3rd century in the region of ancient Carthage in North Africa, as well as a relic of St Faustina, the patron saint of Kashubia.



There is also an icon of St Nicholas, the patron saint of sailors, fishermen and seamen, which will be placed in the chapel on Rowokót hill in the future.

7. The parish Church of the Visitation of the Blessed Virgin Mary in Gardna Wielka

The present church in Gardna Wielka stands on the site of a previous place of worship from the 13th century dedicated to St. Stanislaus, probably one of the oldest in the region. It was rebuilt in 1842. On this hill there was also a castle (in Polish, gród) – from which Gardna took its name. In the church there is an old granite baptismal font which probably dates back to the Romanesque times, as well as an expressionist painting on the altar painted by a pastor Paul Hintz from Kołobrzeg. In the square by the church, a former cemetery, one can see historic tombstones, dating back to the 16th century. In front of the building there is also an obelisk commemorating one of the most tragic events in the history of Polish scouting. It was erected in honour of the victims of a two-boat catastrophe on Lake Gardno, which took place on 18 July 1948 and in which twenty-two participants of a scout camp from Łódź lost their lives.

8. Wild beaches and dunes

In Smołdzino Municipality there are the most beautiful wild beaches, which cannot be found anywhere else. Mysterious, beautiful shifting sand dunes, known as "the Polish Sahara", with rare natural species constitute a phenomenon unique in Europe. According to unconfirmed information, Erwin Rommel's Afrika Korps was trained on the dunes before being sent to fight in North Africa. On Lake Gardno there was also an airstrip for seaplanes, one of which supposedly lies on the bottom of the lake to this day. Wandering through the shifting sand dunes is an unforgettable experience for everyone, and a mysterious place – the so-called Boleniec – makes this area almost magical. This was an old fishing village that was covered by shifting dunes. This forced the inhabitants to move all their belongings and settle elsewhere.

9. Devil's Stone – Lake Gardno

This is an erratic boulder located on the southern shore of Lake Gardno, between the fishing harbour and the fish fry [fried fish restaurants?] in Gardna Wielka. There are many



legends explaining where this boulder came from among those reeds. The most popular one tells of a bet between the devil and a local pastor, but according to another version – with a local fisherman. The devil claimed that he would build a church on the Stone Island, a few kilometres from Gardna Wielka, during just one night, before the hen crows. The stake was to be the soul of a man. However, people were able to outsmart Old Nick, who with devilish speed circled in the air and dropped stones collected from fields on the island. When he was close to finishing, they woke a rooster and so the last boulder did not reach the island. The devil, seeing that he had lost the bet, threw it right here. Today, Lake Gardno is one of the best places to practise windsurfing and kitesurfing, and all this is accompanied by a unique chance to

commune with the impeccably clean natural environment of Smoldzino Municipality.

10. The manor and park

complex in Zelazo The manor-park complex, which used to belong to the Prussian family of von Bandemer, dates back to the second half of the 18th century and was significantly extended in the 19th century. Nearby are the ruins of the tomb of Cordula von Bandemer, the last of the family, a well-known painter, who left behind many works, such as a painting entitled Slavic girl in mourning clothes. Nowadays her works can be found, among others, at the Pomeranian Dukes' Castle in Slupsk. The furnishings of the manor house have been preserved: some of the original woodwork, as well as the parquet floors and stuccoes.

11. Viewing points

On the top of Rowokól hill, which rises 115 m above sea level, there is a viewing tower from which a magnificent view of Słowiński National Park can be enjoyed. Visitors also have at their disposal ready-made viewing towers – one by the Gardnieńskie Łęgi nature path on the eastern shore of the Lake Gardno and the other on the Klucki Las nature path on the western shore of Lake Łebsko. Other interesting viewpoints are the Łacka Dune (Góra Łacka) and the Czołpińska Dune called “the Crown of Smoldzino”. The elevation of the former offers a picturesque view of the spit, the sea and the nearby Lake Łebsko.

12. River Lupawa

For those who like to spend time actively, but away from the hustle and bustle, the River Lupawa offers interesting possibilities. This lowland, strongly meandering river is an excellent place to organise canoeing trips, while one can rest at the canoeing marina in Smoldzino ready-made for this purpose. On the river there is also the Smoldzino Hydroelectric Power Station, which is driven by the current of the River Lupawa. This was built largely by Russian prisoners of war, who had fallen into the hands of the Germans during the military campaign conducted in Masuria during World War I.

Useful addresses – Smoldzino Commune

OFFICES, INSTITUTIONS

- Smoldzino Commune Office, 3 Kościuszki St, 76-214 Smoldzino, phone +48 59 811 72 15
- Police station in Smoldzino with its seat in Gardna Wielka, 22 Kościuszki St, phone +48 47 742 02 57

POST OFFICE

- Post Office, 4 Mostnika St, 76-214 Smoldzino, phone +48 59 811 73 20

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- 1 Kościuszki St, 76-214 Smoldzino, phone +48 59 811 73 05

HEALTH

- Family Clinic NZOZ, 12 Bema St, 76-214 Smoldzino, phone +48 59 811 73 30
- Independent Public Health Care Center Zdrowotna, 12 Ogrodowa St, 76-214 Smoldzino, phone +48 59 811 73 76
- Calendula Pharmacy, 12 Ogrodowa St, 76-214 Smoldzino, phone +48 505 965 470

FUEL STATION,

1 Daszyńskiego St, 76-214 Smoldzino, phone +48 59 811 72 36, 5am-5pm(VI - IX, 5am-7pm)

MUSEUMS

- Museum of the Slovenian Village, Kluki 27, 76-214 Smoldzino, phone +48 59 846 30 20, www.muzeumkluki.pl
- Museum of the Słowiński National Park, Czołpino 34, 76-214 Smoldzino, phone +48 58 500 85 07
- Museum branch in Rąbka, groups only, Rąbka 3, phone +48 58 500 85 07 (Education Department)

LIBRARIES AND CULTURAL CENTERS

- Słowiński Regional Culture Center Kluki, 76-214 Smoldzino, phone +48 59 846 30 20
- Communal Cultural Center in Smoldzino, 30 Bohaterów Warszawy St, 76-214 Smoldzino, phone +48 531 808 206, www.goksmoldzino.pl
- Communal Public Library in Smoldzino, in GOK Smoldzino and a branch in Gardna Wielka phone +48 531 808 207, www.goksmoldzino.pl

HANDICRAFT

- Association for Development of Rural Tourism „Słowniec” (embroidery, painting, handicrafts, ceramics), 30 Boh. Warszawy St, Smoldzino, phone +48 59 811 73 55, www.slowniec.pl

BICYCLES

- Bike Rental at the Guesthouse u Bernackich, 26 Boh. Warszawy St, Smoldzino (June – August) phone +48 509 910 117, www.ubernackich.pl
- „Zdrowe Koła” 32 Słowackiego St, Gardna Wielka, phone +48 603 548 994, www.ptasiaosadagardna.pl
- „Baza Pod Lasem,” Żelazo Pod Lasem 33, Smoldzino, phone +48 781 515 970, fb/podlasem

HORSE RIDING

„Baza Pod Lasem,” Żelazo Pod Lasem 33, Smoldzino, phone +48 781 515 970, fb/podlasem

WATER SPORTS

- Surf Camp Gardno, 76-213 Gardna Wielka, phone +48 609 485 199 www.surfcamp-gardno.eu

CAMPGROUNDS, HOSTELS

- Camp Classic, 76-214 Smoldziński Las 37M, phone +48 691 808 771, www.camp-classic.pl
- „Baza Pod Lasem,” Żelazo Pod Lasem 33, Smoldzino, phone +48 781 515 970 fb/podlasem

Słupsk Coastal County

This is where you can experience the true magic of nature – listen to the sound of the sea waves, admire vast beaches and dunes, and discover mysterious forests, hills, and numerous lakes and rivers. Some of the most beautiful Pomeranian rivers flow through the county: the Słupia with the Skotawa, the Łeba, the Wieprza, and the Łupawa, which attract kayaking and fishing enthusiasts.

Although the region is often associated with summer holidays, the Słupsk County offers much more – it is the perfect place for a holiday all year round. The rich offer of active tourism means everyone will find something for themselves. You can try windsurfing on the Baltic Sea, go kayaking, cycle or hike along numerous trails, or enjoy horse riding and sea fishing.

An exceptional asset of the region is also its cultural heritage. Numerous examples of half-timbered architecture from the 17th and 19th centuries have been preserved in the county, giving the towns and villages a unique character. It is worth staying here longer to feel the atmosphere of bygone times and get to know local traditions.

The Słupsk County is also its people – friendly, hospitable, and open. Numerous agritourism farms offer not only comforta-

ble rest close to nature, but also the opportunity to taste regional cuisine based on local products and traditional recipes.

A stay in the Słupsk County is a conscious choice – it is a place where you can slow down, breathe fresh air, and rediscover the joy of being close to nature. The sea of possibilities means that everyone – regardless of age or interests – will find their own space for relaxation and active leisure here.

The Checkerboard Land

This is the hallmark of the Słupsk County, where the dominant feature of the rural landscape was and still is half-timbered construction. Wooden building frames made of massive beams were filled with planks wrapped in straw ropes and plastered with clay. The clay panels were then whitewashed, while the wooden structure was painted black, creating a beautiful “painterly” effect resembling a “checker-





board". This style was used not only for residential houses, farm buildings, barns, and forges, but also for schools, churches, and manors. The traditions and culture of the Slovincians, typical of the lakeside fishing villages, are presented at the Slovincian Village Museum in Kluki. The most

representative farms of this area are located in the western part of the "Checkerboard Land" – you can find them in Możdżanowo, Starkowo, and above all in Swotowo – a historic village with medieval origins, known as the capital of the "Checkerboard Land".

Słowiński National Park

Słowiński National Park attracts tourists with its unique moving dunes – reminiscent of a desert – as well as beautiful coastal lakes, wonderful forests, and the richness of aquatic and terrestrial fauna. The Park's rank and natural value are confirmed by its inclusion in the UNESCO MAB "Man and the Biosphere" programme, which aims to create a global network of biosphere reserves.

Lighthouses

The lighthouses in Ustka and Czołpino are not only important navigational points but also extraordinary tourist attractions of the Słupsk County. Each offers a different experience – from the seaside atmosphere



- POOLS
- SAUNAS
- SPA
- SPORT
- OUTDOOR AREA

AQUAPARK SŁUPSK



TRZY FALE

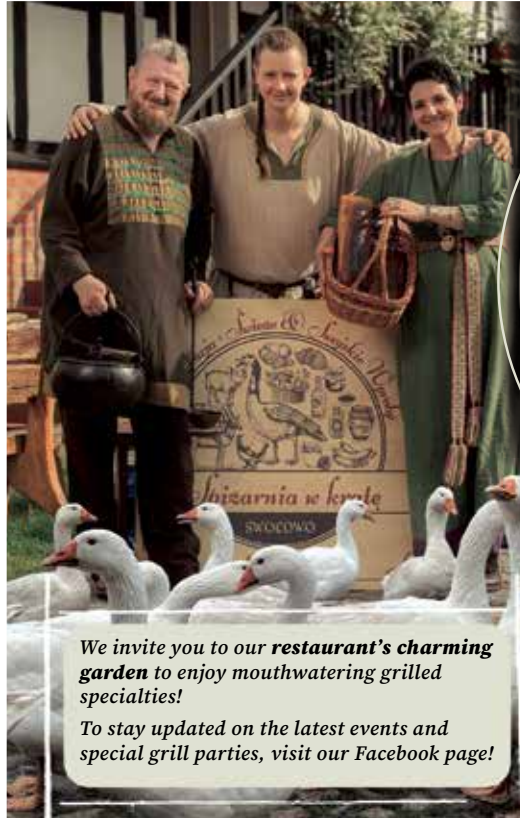


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- 16 July Summer on the Meadow concert
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- 15 August Herbal Festival
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foto: T. Iwanski

of a port resort to the wild nature of the Słowiński National Park. These are places worth visiting to feel the unique character of the Baltic coast.

Hydroelectric Power Plants

Hydroelectric power plants in the Słupsk County developed at the turn of the 19th and 20th centuries, thanks to favourable natural conditions, the terrain, and the

rivers and water reservoirs. On the Słupia River within the county boundaries, plants were built in Strzegomino (1922–1924), Krzynia (1925–1926), and in Słupsk on the Młynówka canal (1910–1912). On the Wieprza River in the Kępice municipality, a cascade of power plants was constructed between 1905 and 1910 in Kępice, Kępa, Biesowice, Kruszkka, and in Ciecholub on the Studnica (a tributary of the Wieprza).

The locations of the power plants on the Łupawa River are particularly picturesque. Most are run-of-river plants that create interesting and beautiful scenic routes in Smołdzino, Łebień, Poganie, Łupawa, and Żelkowo.

“Dolina Słupi” Landscape Park

The “Dolina Słupi” Landscape Park is the only valley-type park in the Pomeranian Voivodeship. It covers the area along the Słupia River. The varied terrain, beautiful landscapes, and rich vegetation create ex-





cellent conditions for recreation. Tourist trails and nature paths encourage hiking, cycling, horse riding, and kayaking. Old power plants, canals, and water reservoirs surrounded by beautiful nature make it one of the most charming corners of the Słupsk County.

Manors and Palaces

An important element of the rural landscape, linked to Pomeranian noble estates, are the 18th- and 19th-century palaces with parks. More than 60 different types of manor residences from the 17th–19th centuries have survived within the Słupsk County. Almost every village east of the Słupia River had farm estates around which peasant villages developed. The most magnificent palaces can be admired in Damnica, Warcino, Barcino, Cecenowo, Poganie, Bobrowniki, and Główczyce. A special place belongs to the manor in Swochowo. Equally



Damnica Palace

interesting smaller manors can be seen in Sieraków Słupski, Borzęcino, Zajączkowo, Podole Wielkie, Strzelinko, Zagórki, Szczypkowice, and Zaleskie.

Dolina Charlotty (Charlotte Valley)

Dolina Charlotty is one of the most recognisable tourist destinations in the Słupsk County, located in a picturesque area near Ustka. The complex combines relaxation in nature with a rich range of attractions – from a zoo and sealarium to concerts in the amphitheatre, including the famous Rock Legends Festival.

A new addition is the unique Bali Indah complex, which transports visitors to the exotic climate of the Indonesian island of Bali. It is a unique Balinese village in Europe, featuring a temple, traditional houses, a theatre, sculptures, and a restaurant serving authentic cuisine. The entire complex was designed by Indonesian artists and allows visitors to experience Far Eastern culture without leaving Pomerania.

Dolina Charlotty is a place that combines relaxation, entertainment, and a journey through different cultures – perfect for families and fans of active leisure alike.

Churches

Over sixty historic sacred buildings can be found in the Słupsk

region. The first structures were built of wood, but few have survived. The oldest examples of wooden frame churches are in the villages of Kuleszewo, Objazda, Dobieszewo, Wytowno, Charnowo, and Staniewice. The oldest brick church is in Budowo. Architecturally valuable sacred buildings are also located in Duninowo, Dębica Kaszubska, Zimowiska, Skórowo, Smółdzino, Stowiącino, Główczyce, Kuleszewo, and Kwakowo. In the county you can also admire half-timbered churches – among others in Objazda and Rowy.



Megalithic Structures, Burial Mounds, Strongholds and Settlements

In the Słupsk County, in the municipalities of Potęgowo and Główczyce, extraordinary traces of the past have been preserved – constructions dating back over 5,000 years. These are monumental structures built from enormous boulders, often taller than a human and weighing many tons.

Almost as many stones were used in their construction as in the famous avenue in Carnac. Importantly, the megaliths are even older than the Egyptian pyramids. The largest concentration of these impressive tombs in Poland is located here, along the Łupawa River. In the river valley, in two main clusters, 33 large tombs have been discovered, marking the centre of the area once inhabited by their creators.

In the past, it was believed that giants had built these structures, which is why they were called “giants’ beds”. The region also features other valuable archaeological sites, such as burial mounds and strong-



holds. Some of them can be visited while walking along the nature and educational trail in the forests of the Damnica Forest District, near Karzniczka.

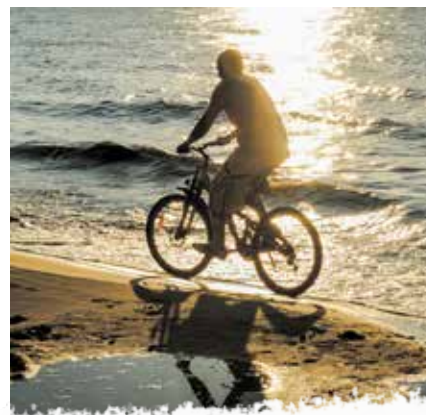
Active Tourism on Tourist Trails

The entire Słupsk County has many designated cycling trails. The international R-10 cycling route, known in Poland as the Coastal Route, runs through our area. Within the Słupsk region it includes the "Twisted Tracks" and "Slovincians" trails. Among the best known is the Gryfite Ring, 93.5 km long, which circles Słupsk. Slightly shorter routes include the Princely Road and the Moszczniczka Valley.

Most hiking trails overlap with cycling routes, but some are designated only for walkers. The most important trails in the Słupsk County include the Coastal Trail, the Gardno Spit Trail, the "Light of the Lighthouses" Trail, the Łebsko Park Trail, the Wieprza and Studnica Valleys Trail, the Slovincians Trail, the Słupia Valley Trail, and the Łupawa Valley Trail. Equally interesting and scenic are the nature

and educational paths.

Kayaking enthusiasts can use the trails on the Słupia, Wieprza, and Łupawa rivers, including the trail of Europe's oldest hydroelectric power plants and the Papal Trail.



Cultural Słupsk and Słupsk County

TOURIST INFORMATION IN SŁUPSK

8 Starzyńskiego St., 76-200 Słupsk,
phone +48 59 728 50 41
in the high season (15.06-15.09):
Mon.-Fri. 9am-6pm, Sat. Sun. 10am-3pm.
off-season: Mon.- Fri. 9am-4pm, Sat. 10am-3pm

MUSEUMS, GALLERIES

Museum of Central Pomerania in Słupsk

Facilities to visit:

- Pomeranian Dukes' Castle - temporary exhibitions and permanent exhibitions. The basement of the castle houses the Anna de Croy restaurant
- The White Granary - the world's largest collection of works by Witkacy
- Castle Mill - permanent and temporary exhibitions
- Richter's Granary, a tea house, where temporary exhibitions can also be viewed,
- 5-9 Dominikanska St., 76-200 Słupsk,
phone +48 59 842 40 81,
www.muzeum.slupsk.pl

Branches of the Central Pomerania Museum:

- Słowinski Village Museum in Kluki,
Kluki 27, 74-214 Smoldzino,
phone +48 59 846 30 20,
www.muzeumkluki.pl
- The Museum of Pomeranian Folk Culture

in Swołowo, Swołowo 8, phone +48 59 832 48 97

- Baltic Gallery of Contemporary Art.,
31a Partyzantów St., 76-200 Słupsk,
phone +48 59 842 56 74, www.bgs.w.pl
- Witches' Tower, 8 F. Nullo St., Słupsk,
phone +48 59 841 26 21

CINEMAS, THEATERS, CULTURE CENTERS

- REJS Cinema - studio Cinema,
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phone +48 507 846 243
- Rondo theater, 5a Niedziałkowskiego St, Słupsk,
phone +48 59 842 63 49,
- Nowy Theatre, Large and Small Stage,
1 Lutosławskiego St, Słupsk, ticket office/reservation,
phone +48 59 846 70 13, www.nowy teatr.pl
- Wojciech Kilar Polish Philharmonic Orchestra
Sinfonia Baltica, 3 Jana Pawła II St, Słupsk,
box office phone +48 59 842 49 60,
www.filharmonia.sinfoniabaltica.pl
- Community Center for Culture and Promotion,
20/4 Wodna St, 76-251 Kobylnica,
phone +48 59 842 90 61
www.kobylnica.pl
- Creative Initiatives Homestead in Swołowo
Swołowo 5, 76-200 Swołowo
phone: +48 573 148 724,
www.zagrodaswolowo.pl

Cultural Center of the Słupski Powiat

1 Janusza Korczaka St, 76-231 Damnica
phone +48 59 844 57 58, mobile +48 503 836
576 www.kultura.powiatslupsk.pl

Education and Culture Center in Damnica

13 Witosa St, 76-231 Damnica
phone: +48 59 811 39 22, www.ceik.damnica.org

Public Library of the Kępice City and Commune

1 Pomorska St, 77-230 Kępice

Communal Cultural Center in Dębica Kaszubska

55 Ks. A. Kani St, 76-248 Dębica Kaszubska
phone: +48 59 813 12 70, www.gok.dębica.pl

Communal Cultural Center in Główny

15 Kościuszki St, 76-220 Główny
phone: +48 59 811 61 27, www.gok-glowczyce.pl

Communal Cultural Center in Potęgowo

2B Szkolna St, 76-230 Potęgowo
phone: +48 59 848 42 50, gck.potegowo.pl

Culture Center and Public Library of the Redzikowo Municipality

65 Główna St, 76-200 Głębino
phone: +48 59 847 10 91,
www.gminaredzikowo.pl

Łądowisko Kultury (Culture Landing site)

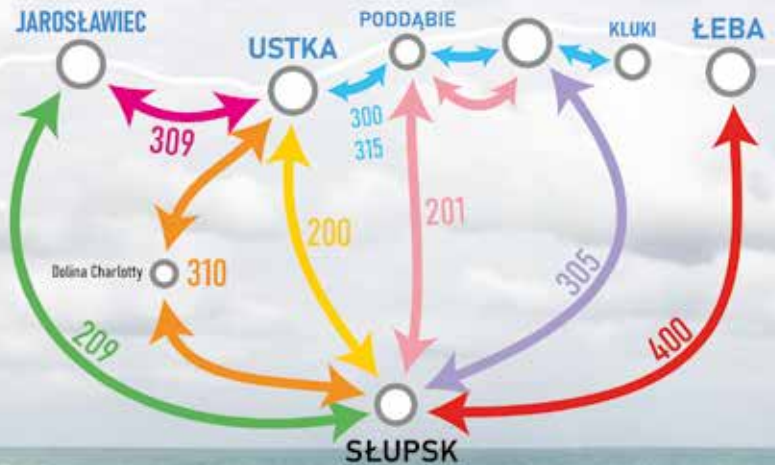
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